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Organisational self-assessment tool guide – individual

# ****Introduction****

The ACI [Trauma-informed care in mental health services across NSW – A framework for change](https://aci.health.nsw.gov.au/__data/assets/pdf_file/0006/719871/ACI-Trauma-informed-care-and-practice-in-mental-health-services-across-NSW-Framework.pdf) was published in 2022 to support the implementation of trauma-informed care in mental health services across NSW. The framework identifies what good practice looks like for mental health systems, services, and staff. It and includes related actions.

# Who completes the individual organisational self-assessment tool

Staff in these roles and teams are asked to complete the organisational self-assessment from an individual perspective:

* **[List the roles and teams to complete the assessment]**

# How to complete the individual organisational self-assessment tool

The organisational self-assessment tool is located on QARs (Quality Audit Reporting System).

QARs can be accessed via the login page: <https://qars.cec.health.nsw.gov.au/>

Enter you StaffLink ID and password.

To access the *Trauma-Informed Care individual organisational self-assessment*, you will have received an invitation to participate. Please follow the prompts within that email.

The assessment will take approximately 15-30 mins to complete. Please aim to complete it in one sitting. It is not necessary to spend a long time on each question. The aim is to capture a snapshot of the strengths and areas for development in relation to trauma-informed care.

The results will help to guide to areas of focus to support you and your team.

Please complete the assessment by **[completion date]**

# Rating scale definitions

**Yes:** This action is consistently applied (i.e. not just a single instance) in all relevant situations.

**No:** Never completed.

**In progress:** Infrequent action, may have started however not consistently applied. More improvement required.

Thank you for taking the time to complete this important assessment. Your results will remain anonymous. However, your team or department may be contacted for further information and to discuss the results and next steps.

Please contact your relevant lead for any further support: [**lead’s name and contact information here]**.

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