



# KIT SMART

## Improving Health Outcomes for Aboriginal people with Diabetes



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### Case for change

48% of our Diabetic patients do not have a HbA1c recorded in the last 12 months.

249 of our Diabetic patients started a Diabetes Annual Cycle of Care and 1 patient completed.

Unmanaged Diabetes can lead to associated health complications such as limb amputation, blindness, stroke & coronary artery disease.

### Goal

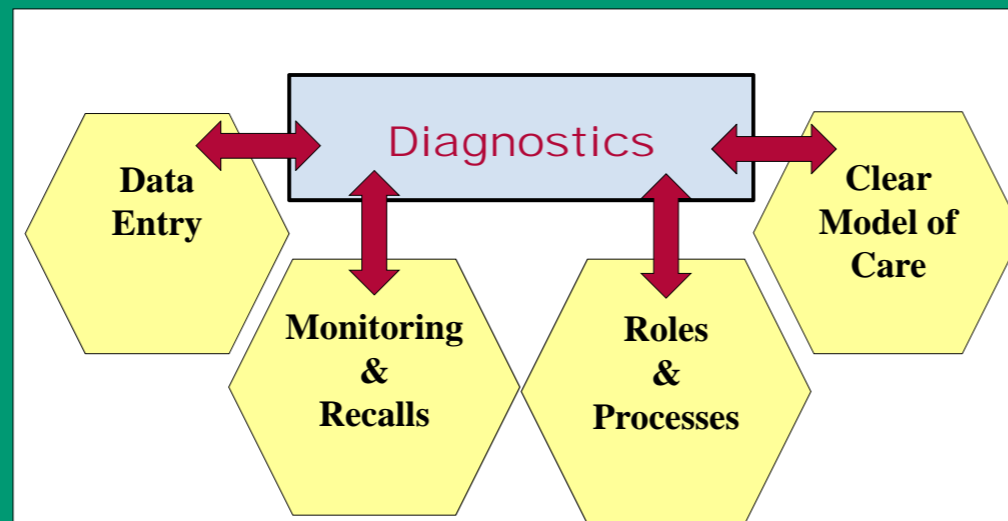
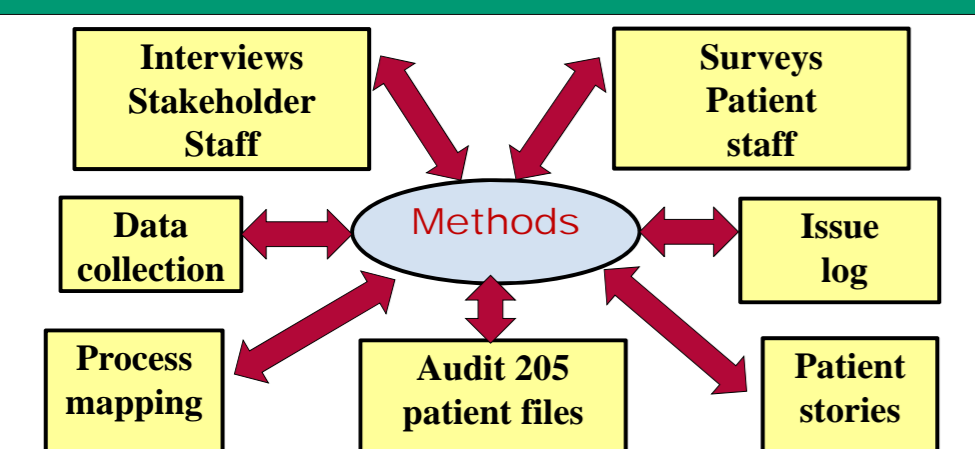
To improve long term health outcomes for Aboriginal people with Diabetes.

To empower Aboriginal people to manage their Diabetes with support from Awabakal APHCC.

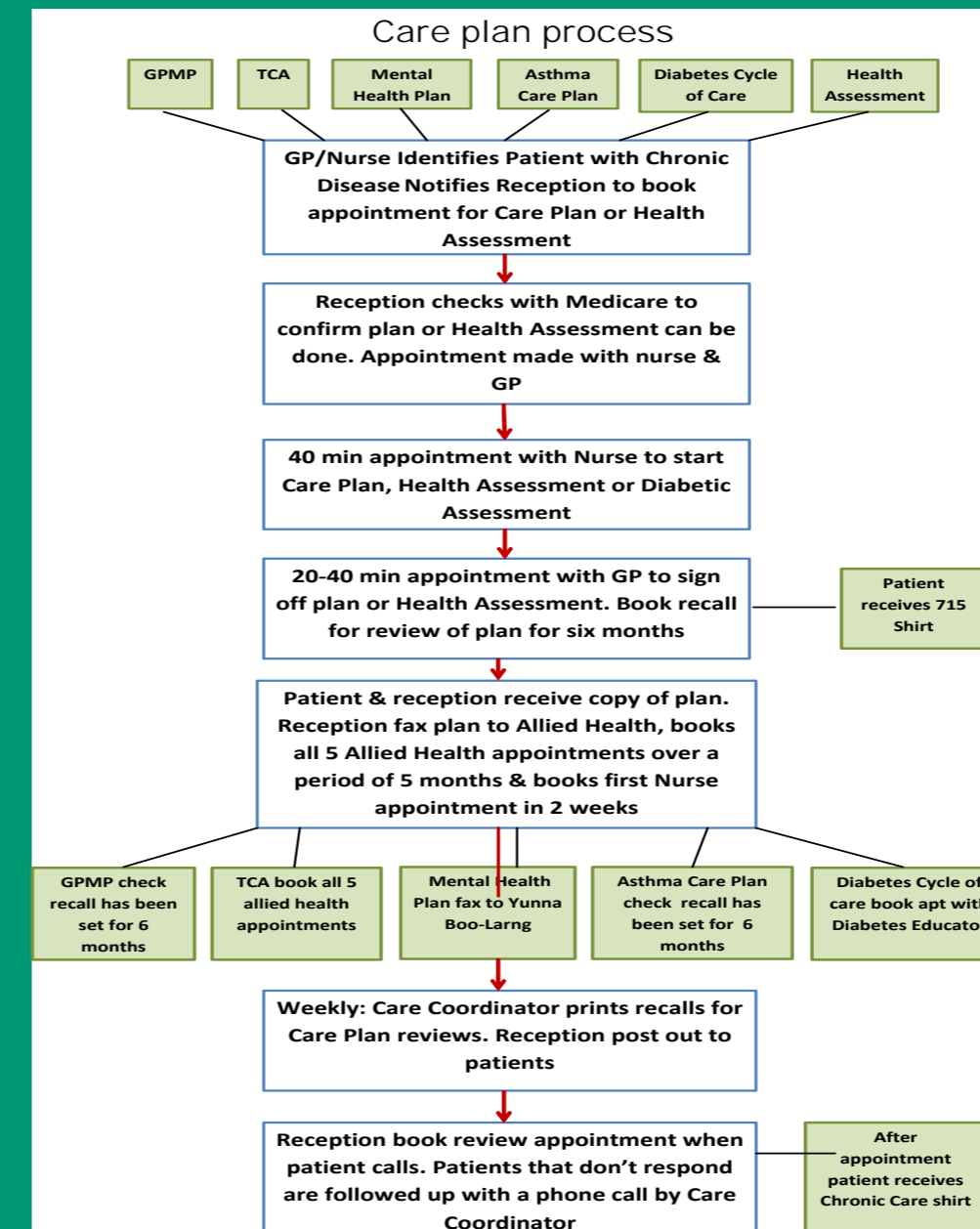
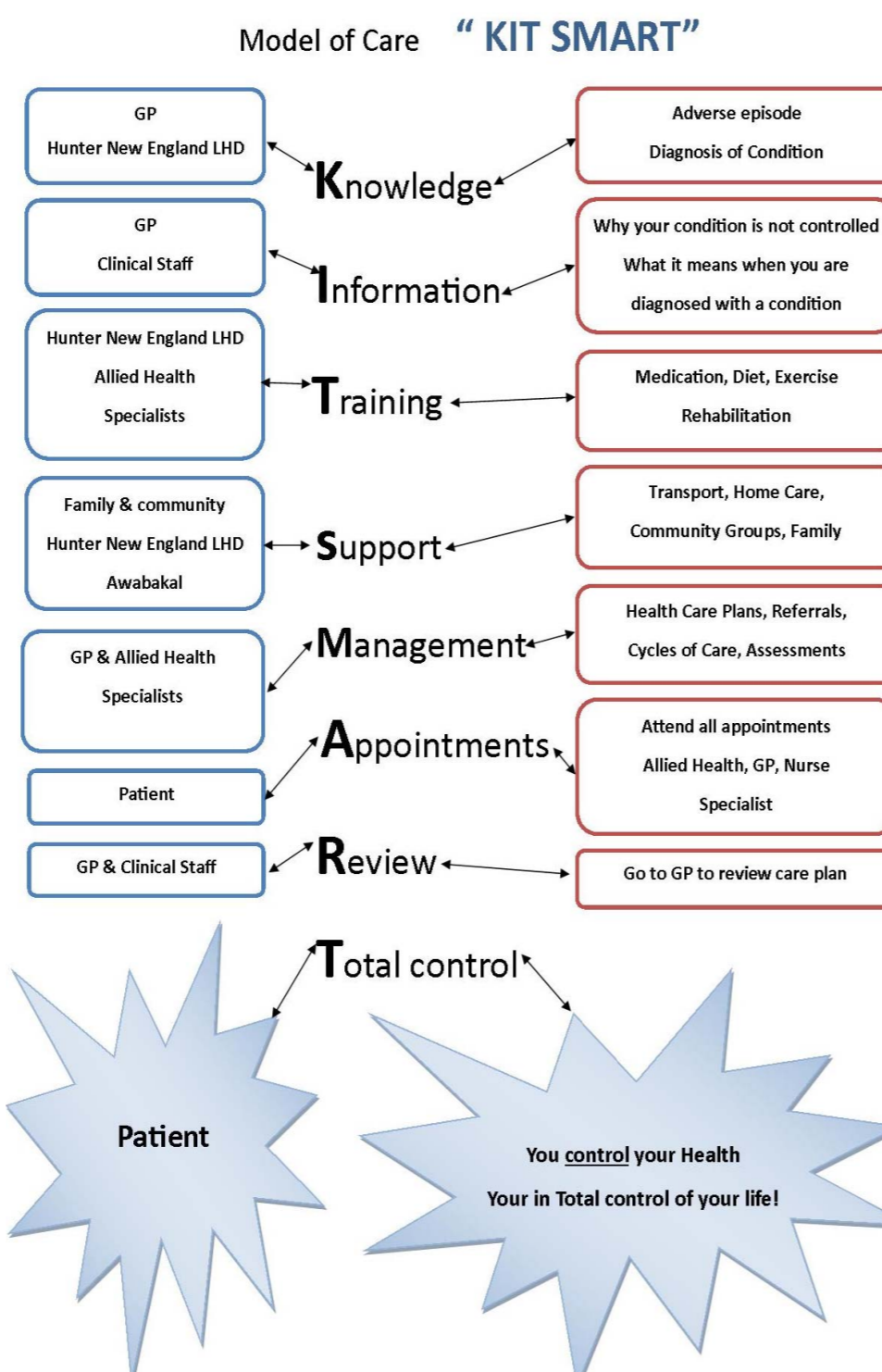
### Objectives

Decrease the number of Diabetic patients with no HbA1c recorded in the last 12 months from 131 to 95 38% by 31<sup>st</sup> July 2016.

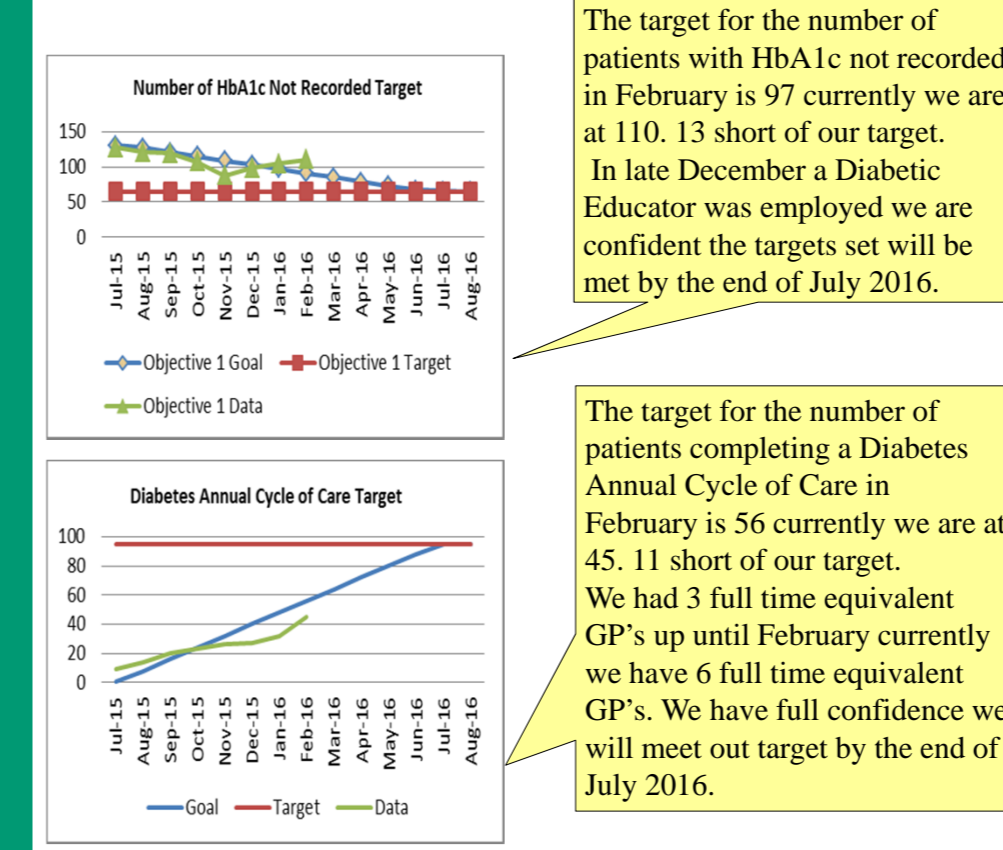
Increase completion of Diabetes Annual Cycle of Care from 1 to 65 26% by 31<sup>st</sup> July 2016.



### Planning and implementing solutions



### Results



### Sustaining change

Ongoing weekly collection of data. Results discussed in monthly staff meetings.

Staff / patient survey every 12 months.

KIT SMART will also be available to patients accessing our outreach clinics at Karuah, Toronto & Mindaribba.

### Conclusion

We had a pre conception Diabetes was our biggest health issue. On completion of diagnostics evidence showed Mental Health was our biggest issue followed by Asthma & then Diabetes. It was evident that we needed a solution we could use not only for our Diabetic patients but all patients living with Chronic Disease.

### Acknowledgements

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