

S.H.A.R.E. A Burns Peer Support Program



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A Burns Peer Support
Program
**Sharing Hope, Acceptance,
Resilience and Experience**

What is S.H.A.R.E.?

S.H.A.R.E. was an initiative of the Agency for Clinical Innovation Burn Injury Network and is now a NSW Health hospital based program.

It is a peer support program for patients with injuries resulting from burns. Patients are linked with an individual who has the lived experience of a burn injury.

Where does S.H.A.R.E. operate?

S.H.A.R.E. is offered at these adult burns facilities:

- Concord Repatriation General Hospital
- Royal North Shore Hospital and
- Graythwaite Rehabilitation Centre
Ryde Hospital

The Peer Support relationship facilitates the pathway to new meaning through the sharing of lived experience.

What can Peer Support offer?

Talking with someone who has been affected by a burn injury can help to reduce isolation by knowing that you are not alone.

Speaking with a Peer Support Volunteer can offer reassurance, comfort and hope.

Peer Support Volunteers do not offer medical advice. The volunteer may be able to assist with your recovery by finding new meaning and validation through the sharing of experience.

Volunteers assist patients in their recovery journey.

Peer support is a partnership that fosters personal growth, awareness and reflection.



Health
Northern Sydney
Local Health District

How do I access the Program?

If you would like to find out more about the program, or if you wish to meet with a Peer Support Volunteer speak with your social worker or member of the burns team looking after you, who can answer any questions you may have and assist you.

Alternatively you can ring the SHARE Program Coordinator on the number provided.

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S.H.A.R.E.

Sharing

Hope

Acceptance

Resilience and

Experience



FURTHER INFORMATION

**S.H.A.R.E Burns Peer Support Program
Coordinator**

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