

Burns box

August 2024

Below is a list of equipment and medication to keep available for burn management.

Equipment	Examples
Pain relief	Pharmacological: e.g. paracetamol, ibuprofen
	Non-pharmacological: Distraction items (e.g. toys, TV, music, bubbles)
Dressing equipment	Sterile scissors
	Dressing pack
	Gloves
	PPE: e.g. mask, goggles, gown
	Wound swabs
	Bowl/kidney dish
Cleansing solutions	Saline
	Sterile water
Wound cover	Plastic film: e.g. glad wrap, cling film
Dressings	Silver: e.g. Acticoat, MepilexAg, AllevynAg
	Impregnated gauze: e.g. Bactigras (with antimicrobial), Jelonet, Adaptic, Curity
	Hydrocolloid: e.g. Comfeel, Duoderm
	Silicone: e.g. Mepilex, Allevyn
	Film: Tegaderm
Fixation	Adhesive woven tape: e.g. Hypafix, Mefix, Fixomul
	Webril
	Tubular bandage: e.g. Tubigrip, Tubifast
	Crepe bandage
Moisturiser	Sorbolene
	Soft white paraffin
	Chlorsig