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## Family and Place





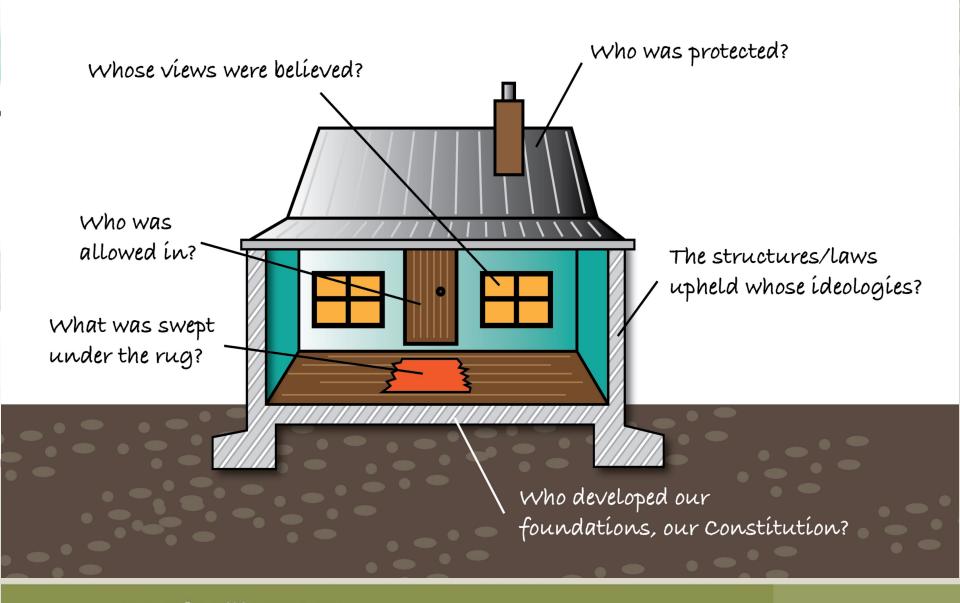
We would like to acknowledge the Traditional Owners of the country we are meeting on today, and extend that respect to Elders, past and present and future emerging generations.



# 'Dismantling power and building strong partnerships'

"there is a growing body of evidence that the health system itself does not provide the same level of care to Indigenous people as to other Australians. This systemic racism is not necessarily the result of individual ill-will by health practitioners, but a reflection of inappropriate assumptions made about the health or behaviour of people belonging to a particular group (Anderson 2013)."

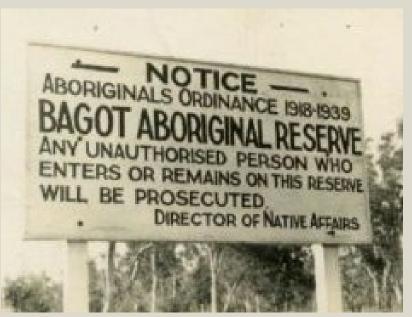
## The blueprint of a colonial home



Leaislation

Title	Jurisdiction		Focus	Note
Aboriginals Fire Arm Regulation Act 1840	New South Wales		Control	[1]
Aboriginal Orphans Act 1844	South Australia	$\neg$	Control	[2]
Supply of Liquors to Aborigines Prevention Act 1867	New South Wales	1	Control	[3]
Aboriginal Protection Act 1869	Victoria (colonial)	Τ	Control	
Aborigines Protection Act 1886 (WA)	Western Australia		Control	[4][5][
Half-Caste Act 1886 (Vic)	Victoria		Control	[7]
Half-Caste Act 1886 (WA)	Western Australia		Control	
Act to provide certain matters connected with the Aborigines 1889 (statute 24/1889)	Western Australia		Control	
Aboriginal Protection and restriction of the sale of opium act 1897	Queensland		Control	
Aborigines Protection Act 1909	New South Wales		Control	
Aborigines Act 1910	Victoria			
Aborigines Act 1911	South Australia		Control	[8]
Aborigines (Training of Children) Act 1923	South Australia	1	Control	[9]
Aborigines Act 1934	South Australia	1	Control	[10]
Aborigines Protection (Amendment) Act 1940	New South Wales	1	Control	

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## a neucleus "the fringe dwellers"

glossy supplement

Armidale has a floating population of about one hundred aborigines, who live on a reserve, condescendingly termed by the local inhabitants as "The Dump", just outside the city boundary.



have thus far been successfully segregated.

How did this state of affairs come about?

### Reassimilate

The rather trite fact that "our nation" was systematically taken from its original owners. in exchange for a few worthless trinkets and many gory skirmishes, is necessarily ignored, even by the idealists, at this stage.

The country was their's: Our ancestors took it and relegated the native inhabitants to the position of inferior outcasts — our job is to re-assimilate them. There are approximately 13,000 people of aboriginal extraction in N.S.W. — of whom about 240 are full-bloods. The birth-rate is increasing slowly

In this advanced age, where we flatter ourselves as being "humanitarian" it would be fatuous to suggest that any white human-being is so degenerate as to object to the different colour of a fellow human-being's skin.

### Objection

It seems that this objection, where it is on its due to standards of health and hygiene and the generally low standard of living maintained by the abortgianes. Thus the problem is reduced to raising their can happily accept them into the community and they can be more capable of adapting them.

assimilation of these people by improving their standards or deducation, housing, health and sygiene, and to foster better tocial relations with the whole community." The Board has been heartily criticised by many appropriate the problems of the problems.

the problems.

However, in some cases, it is thwarted in its efforts by

For instance, in Limore, there are two hundred aborigines living just out of the town in a low-lying, unhealthy area. The Board approached the local Town Council about buying ground on which to build decent homes and the Council refused unequivocally.

### orbidden

In Merce, where there are eight hundred aborigines out of a population of five thousand, the Council issued its notorious edict, forbidding aborigines to swim in the town baths. They are also accommodated in a separate part of the housial.

y interfere with local Councils —
even when such barbarous re
e vocation of human rights a
this are being perpetrated.
No doubt, all of us were surner, highly appeared.
No doubt, all of us were surner, highly appeared to the council of the co

### Section Nine

The main criticism levelled at the Aborigines Protection Act, concerns Section 9, which constituted it an offence to

car before he died, was senmeed to six months imprisonent for supplying his friends ad relatives with alcohol — as ay aborigine can be supplied ith alcohol any day, despite te law. If ever the mighty areaucratic hand was out to cove its tyrannical powers at the expense of a great man.

his was it.

Many authorities are sure
hat since this is the only tanghat since the only tanghat since the only tanghat constant is the only tanghat many abortgines drink to
excess in mere defiance — and
declorolism is probably the main

### Employment

Another very serious problem is that of obtaining suitable employment for not only the adults, but also those of school-leaving age.

Mr. Green says, "for too long it has been accepted that aboriginal girls can only enter domestic service, while men and boys are fit for nothing apart from labouring on farms

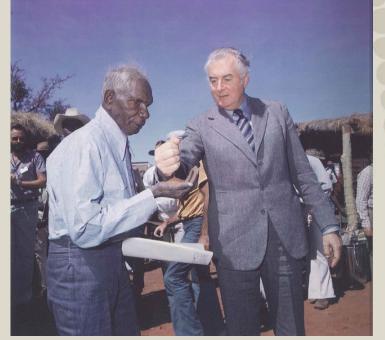
It is not utill the general community can be made to understand that there are those who are capable of higher will ever exist for observable will ever exist for observable to attempt to better the prospects and look to other field will ever exist for observable per and the second of the conpects and look to other field will not prevalent negative at illude of the general comnumity to the aborigities does not encourage them to seek in many of the aborigities seen

Control over many aspects of our lives including where we could travel

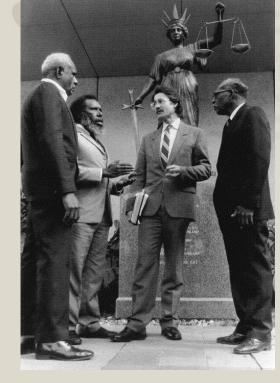
## Luke Pearson IndigenousX

- "While there are some variations, most Australian dictionaries define racism in two key parts.
- A belief in racial hierarchies eg the superiority of their own group and the inferiority of others.
- Actions based on this belief, in the form of prejudice and discrimination."











Sir Douglas Nicholls

Yirrkala Bark petitions

## Ms Williams

# 'Implicit racism' in health system

### Natassia Chrysanthos

Shortly after midnight on New Year's Eve of 2015, Naomi Williams, 27 years old and six months pregnant, presented to Tumut Hospital in severe pain. Ms Williams, an Aboriginal woman, was briefly monitored and given two paracetamol tablets before she left the Riverina hospital 34 minutes later. She and her unborn child died 15

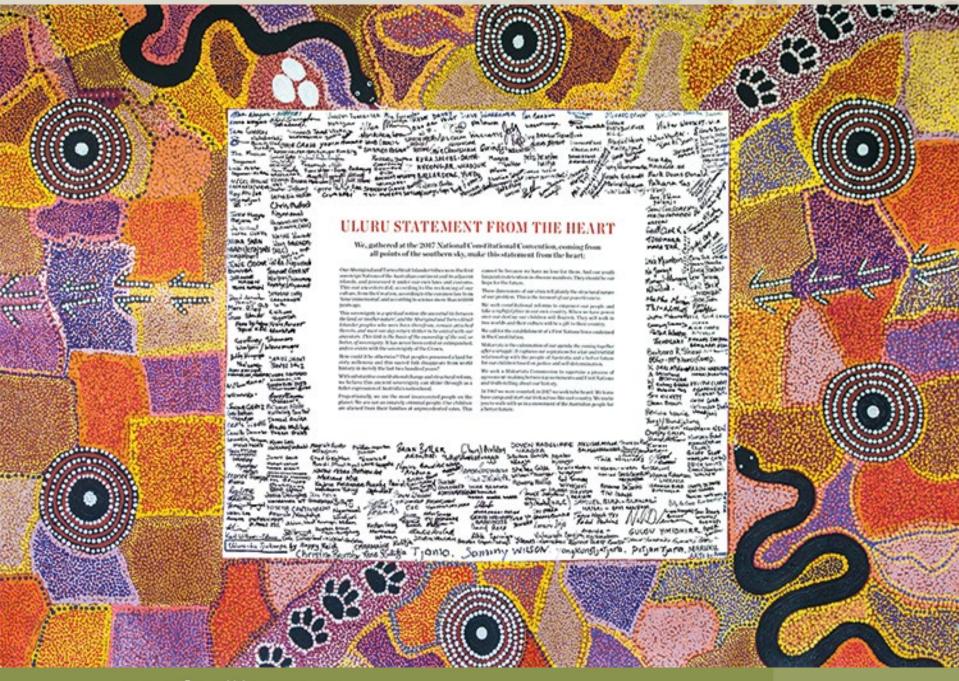




Michael Fordham, barrister for the Murrumbidgee Local Health

# Excerpt from Coroner's report:

report:
'The evidence before this court made it necessary to examine whether Naomi's care was affected or compromised by unconscious, implicit bias or racism..... These accounts, together with an established disparity between health outcomes for Aboriginal and Non-Aboriginal populations make it essential not to shy away from the issue or sweep it under the carpet for fear of causing offence.'



### What is dominant culture?

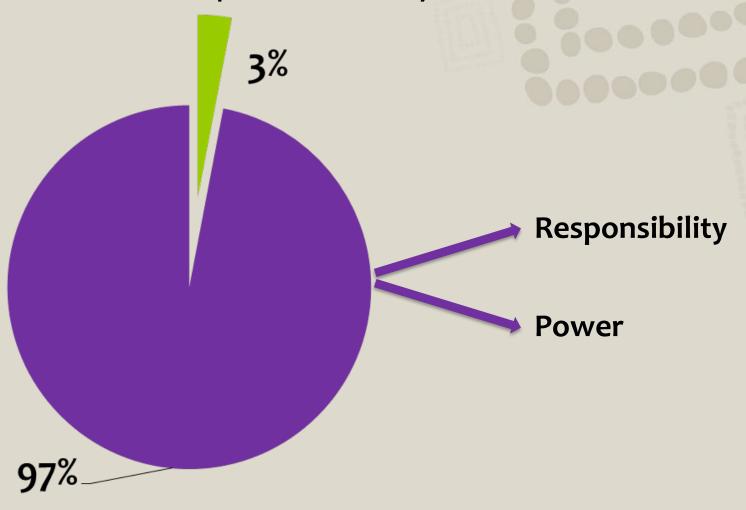
"It is just the way that things are this is normal."

> People born into the dominant culture

People born outside the dominant culture

"Living and interacting with the dominant culture can be a very difficult experience."

# Whose problem? Whose responsibility?





### CONFERENCE STATEMENT 2019

The Lowitja Institute International Indigenous Health and Wellbeing Conference 2019 met in Darwin, Australia, from 18 to 20 June 2019. Based on deliberations under the theme Thinking. Speaking. Being: First Nations Solutions for Global Change, 760 national and international conference delegates make the following statement:

### **THINKING**

- Nation state governments must reform the way health resources are shared. Community health initiatives and programs that are built on place-based knowledge must be supported and recognised for the leadership and expertise they contain.
- Indigenous ways of knowing, being and doing are norms and should not be marginalised. They are not alternatives; they are not perspectives: they are our lived truth.
- Our health is connected to our land and our seas. As Indigenous peoples of the world we are the protectors of these sacred lands and waters. It is our responsibility to connect our knowledges for positive change.
- 4. We have the right to our own institutions where we mentor our emerging thinkers, where we speak our truths, where we celebrate our ways of being.

### **SPEAKING**

- Colonialism and racism are determinants of ill health. We call for comprehensive truth telling processes, and the acceptance of these truths, to dismantle colonial narratives and systemic racism in health research, policy and service delivery.
- 6. First Nations knowledges and languages are our assets. We must protect, repatriate and rejuvenate cultural practices relating to health and wellbeing including medicinal; therapeutic; and nutritional and healing-related knowledges and practices.

- Data is part of our narrative. First Nations must be empowered with the knowledge and infrastructure to collect, monitor and interpret our own health and wellbeing data.
- 8. First Nations people living with a disability want their voices heard, and require a space to sit, hear, share, and reflect on issues that affect our wellbeing. We require resources and goodwill to develop structures and networks that will connect the First Nations living with disability community with researchers, services and policy-makers within values and cultures that promote their inclusion.
- First Nations and dominant languages and literacy are fundamental rights and a foundation of empowerment. Lifting levels of literacy in our first and dominant languages is key to our self-determination and the development of our children.

### **BEING**

- Our future generations are central to our being.
   The mass removal of our children through incarceration and institutionalisation is a source of ongoing trauma and must stop.
- 11. Our collective rights, as described in the United Nations Declaration on the Rights of Indigenous People, provide a framework for our health and wellbeing. These include the right to freedom from discrimination, the right to good health, and the right to self-determination.
- First Nations health research funding should go to First Nations organisations and researchers.

20 June 2019

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# Cultural Safety is 'knowing thy self, the gaze is inward... not outward

to challenge clichés, myths & understanding & where they come from

"With listening comes responsibility. It forces us to listen to ourselves ....deep listening enables us to feel our own resistance – the voices in our heads."