

NSW BEREAVEMENT COUNSELLING SERVICES DIRECTORY 2021

Produced on behalf of the Network of NSW Bereavement Co-ordinators

Revised October 2021

Contact: <u>megan.thorpe@health.nsw.gov.au</u> <u>kristen.harrison@health.nsw.gov.au</u>

ALPHABETICAL LIST OF BEREAVEMENT COUNSELLING SERVICES:

Bear Cottage Footprints in the Sand Bereavement Service	p. 6
Bears of Hope Pregnancy & Infant Loss Support	p. 7
Broken Hill and FWLHD Specialist Palliative Care Service	p. 8
Calvary Bereavement Counselling Service	p. 9
CanTeen	p. 10
Catholic Cemeteries and Crematoria Grief Care	p. 11
Central Coast Palliative Care Bereavement Service	p. 12
Centre for Childhood Grief	p. 13
Coffs Harbour Clinical Network Specialist Palliative Care Services	p. 14
Forensic Medicine and Coroners Court	p. 15
HammondCare/Northern Sydney LHD Palliative Care Bereavement Service	p. 16
HammondCare/South West Sydney LHD Palliative Care Bereavement Service	p. 17
Hunter New England Health District	p. 18
Illawarra Shoalhaven LHD	p. 19
JewishCare Chessed Grief, Loss & Bereavement Program	p. 20
Kids Cancer Centre Bereavement Service – Sydney Children's Hospital	p. 21
Macksville Palliative Care Team	p. 22

Red Nose Grief & Loss	p. 23
Redkite	p. 24
Royal North Shore Hospital Intensive Care Unit Bereavement Service	p. 25
Southern Highlands Bereavement Care Service	p. 26
St Vincent's Bereavement Counselling Service	p. 27
Sydney Children's Hospital Bereavement Support Services	p. 28
Sydney LHD	p. 29
Western Sydney LHD	p. 30

SERVICES IN NSW BY GEOGRAPHICAL AREA:

Greater Sydney:

Central Sydney:	
Darlinghurst (St Vincent's Hospital)	p. 27
Camperdown (Royal Prince Alfred Hospital - Sydney LHD)	p. 29
Eastern Suburbs:	
Bondi Junction/Woollahra (JewishCare Chessed)	p. 20
Randwick (Kids Cancer Centre and Sydney Children's Hospital)	p. 21
Inner West:	
Newtown (Royal Prince Alfred Hospital - Sydney LHD)	p. 29
Rozelle (Red Nose Grief & Loss)	p. 23
Northern Sydney:	
Manly (Bear Cottage Footprints in the Sand Bereavement Service)	p. 6
Greenwich, Mona Vale, Wahroonga (HammondCare/NSLHD)	p. 16
St Leonards (Royal North Shore Hospital Intensive Care Unit)	p. 25
Southern Sydney:	
Kogarah (Calvary Bereavement Counselling Service)	p. 9
South West Sydney:	
Concord Hospital (Sydney LHD)	p. 29
Lidcombe (Forensic Medicine and Coroners Court)	p. 15
Lidcombe (Catholic Cemeteries and Crematoria Grief Care)	p. 11
Prairiewood (HammondCare/SWS LHD)	p. 17
Western Sydney:	
Mt Druitt Hospital (Western Sydney LHD)	p. 32

p. 32

Westmead Hospital (Western Sydney LHD)

SERVICES IN REGIONAL NSW:

Central Coast: Long Jetty (Central Coast Palliative Care Bereavement Service) p. 12 **Far West NSW:** Broken Hill and Far West Local Health District Specialist Palliative Care Service p. 8 **Hunter New England:** Newcastle (Forensic Medicine) p. 15 Newcastle (Hunter New England Health District) p. 18 Mid North Coast: Coffs Harbour (Clinical Network Specialist Palliative Care Services) p. 14 Macksville (Palliative Care Team) p. 22 **Southern Highlands:** Bowral (Southern Highlands Bereavement Care Service) p. 26 Wollongong/Illawarra: Wollongong, Dapto, Kiama, Nowra and Ulladulla (Illawarra Shoalhaven LHD) p. 19 Wollongong (Forensic Medicine) p.15 **NSW Wide:** Bear Cottage Footprints in the Sand p. 6 Bears of Hope Pregnancy & Infant Loss Support p. 7 CanTeen p.10 Centre for Childhood Grief p. 13 **Kids Cancer Centre** p. 21

p. 24

p. 23

Redkite

Red Nose

Bear Cottage Footprints in the Sand Bereavement Service

Counselling Centre	Bear Cottage Children's Hospice
Address	2 Fairy Bower Road
	Manly NSW 2095
Postal Address	PO Box 2500
(if different)	Manly NSW 1655
	(00) 0070 0000
Phone	(02) 9976 8336
Website	www.bearcottage.org.au
Region Covered	Sydney and rural NSW
Eligibility Critoria	Families whose shildren have died and were known to Boar Cetters
Eligibility Criteria	Families whose children have died and were known to Bear Cottage
Type of Counselling	Individuals
Available	Couples
	• Families
	Grandparents
	• Siblings
Referral Process	Self-referral or referral of a family member can be made at any time by
Nototial Frocess	contacting Bear Cottage direct
	ŭ ŭ
Hours of Operation	0830-1700
	Monday - Friday
Cost	No cost
Interpreters	Phone interpreter's available if needed
	The state of the s
Other Services	 Informal support groups and programs for parents, carers, siblings and
	grandparents in a holistic environment
	Education and consultation to other health care professionals
Other Information	Can be found on the Bear Cottage website – www.bearcottage.org.au or by
Juier illiorillation	phoning Bear Cottage direct – 02 99768300

Bears of Hope Pregnancy & Infant Loss Support

Counselling Centre Addresses	Castle HillMirandaOnline
Postal Address (if different)	Unit 45/5 Gladstone Road Castle Hill NSW 2154
Phone Website	1300 11 HOPE www.support@bearsofhope.org.au
Region Covered	Australia Wide
Eligibility Criteria	 Bereaved parents from miscarriage through to child loss Families of bereaved parents
Type of Counselling Available	 Face to face Online By email Telephone Either for both parents or individually
Referral Process	Self-referral by contacting BCH by email or phone
Hours of Operation	Monday to Sunday varies depending on service delivery
Cost	No cost
Interpreters	No
Other Services	 Support Groups – face to face and online Peer Support Groups - online Community Events Dad Support Weekends

Broken Hill Far West Local Health District Bereavement Counselling Service

Counselling Centre Address	Palliative Care & Cancer Services Bereavement Counselling Services Elleoura Lodge Morgan Street Broken Hill NSW 2880
Postal Address (if different)	PO Box 457 Broken Hill NSW 2880
Phone	(08) 8080 2261 fax (08) 8087 2997
Website	www.fwlhd.health.nsw.gov.au
Region Covered	Far West Local Health District
Eligibility Criteria	Family and individuals known to patients of the Specialist Palliative Care Service
Type of Counselling Available	Individual and group counselling services
Referral Process	Referrals through the Specialist Palliative Care Service or self-referral
Hours of Operation	Monday to Friday (CST) 8:00am – 4:00pm
Cost	No cost
Interpreters	Telephone as needed
Other Services	Community and staff education

Calvary Bereavement Counselling Service

Counselling Centre Address	40 Ercildoune Avenue Beverley Park
19	NSW 2217
Postal Address (if different)	As above
Phone	(02) 9553 3025
Email	megan.thorpe@health.nsw.gov.au
Region Covered	Local Government Areas of Georges River, Bayside and Sutherland
Eligibility Criteria	People bereaved by any circumstances who live in local area
Type of Counselling Available	 Individuals & Couples Face to Face Telephone Telehealth
Referral Process	Self-referral
Hours of Operation	Monday to Friday 8:00am – 4:30pm
Cost	No cost
Interpreters	If required
Other Services	 Support Groups Education Training Consultation to other health professionals
Other Information	Children and young people's counselling may be available in some circumstances

CanTeen

Counselling Centre Address	75 King Street Newtown NSW 2042
Postal Address (if different)	GPO Box 3821 Sydney NSW 2001
Phone	(02) 9007 0190
Email	Enquiries: admin@canteen.org.au Referrals: sydreferrals@canteen.org.au
Region Covered	Australia Wide
Eligibility Criteria	 12 – 25 year olds who have a parent/primary carer/sibling with cancer or who has died from cancer 12 – 25 year olds who currently have or had a cancer diagnosis
Type of Counselling Available	 Individual Online/telephone and in-person counselling Parenting support
Referral Process	Self-referral (call or visit our website: www.canteen.org.au) or referral from a health professional with consent of the individual
Hours of Operation	 Face to Face counselling: (02) 9007 0190 10:00am – 6:00pm Monday to Friday, some extensions can be negotiated Online/telephone counselling: 1800 835 932 Monday to Friday: 10am-10pm Weekends: 11am-6pm
Cost	No cost
Interpreters	If required
Other Services	 Peer support www.canteenconnect.org (website and app for young people) www.parents.canteenconnect.org (website for parents) Recreational, respite, therapeutic and psychoeducational programs and events Online information and support Individual psychosocial support
Other Information	All support services are underpinned by Canteen's research and evaluation team who conduct world-class psychosocial research with the ultimate goal of transforming the lives of young people affected by cancer

Catholic Cemeteries and Crematoria – Grief Care

Counselling Centre Address	Catholic Cemeteries and Crematoria Office Barnet Avenue Rookwood NSW 2141
Postal Address (if different)	PO Box 10 Lidcombe NSW 1825
Phone	(02) 9646 6908
Email	care@griefcare.com.au or team@griefcare.com.au
Social Media	Website: https://catholiccemeteries.com.au/grief-care Facebook: https://www.facebook.com/LivingBereavement Instagram: https://www.instagram.com/conversationswithgrief
Region Covered	Sydney Metropolitan Area & Greater Western Sydney Region
	(Online services for National and International)
Eligibility Criteria	Anyone living with grief, loss, trauma, and bereavement.
Type of Counselling Available	We offer care and companioning for you and your family through grief, trauma and bereavement. We offer phone calls, online and face-to-face conversations. Individuals Couples Families Parishes Schools and communities
Referral Process	Self or Community Referral
Hours of Operation	8 am – 4 pm (Mondays – Fridays), 8.30 am – 12.30 pm (Saturdays)
Cost	Free for Catholic Cemetery and Crematoria clients \$40 - \$60 (Individual) \$10 - \$25 pp (Family/Community/Agency/Group)
Interpreters	Italian, Spanish, Filipino (others can be arranged)
Other Services	 care and companioning for you and your family phone calls and face-to-face conversations Men's Grief Support Group Education, resources for the community Remembrance & Memorial Services

Central Coast Palliative Care Bereavement Service

Counselling Centre Address	Palliative Care Building behind Long Jetty Hospital Site 64 Wyong Road Killarney Vale NSW 2261
Postal Address (if different)	PO Box 6088 Long Jetty NSW 2261
Phone	(02) 4336 7777
Region Covered	Central Coast Region from the northern side of the Hawkesbury River Covering Gosford, Pearl Beach, Woy Woy, Box Head, The Entrance, Wyong, Summerland Point, Lake Munmorah
Eligibility Criteria	 Family and friends of someone who died through the Central Coast Palliative Care Team (including children aged 5 years and older) Bereaved adults living in the area Bereaved adults living outside the area but the deceased died within the area Counselling available regardless of the cause of death
Type of Counselling Available	 Individuals Couples Families Children Young people
Referral Process	 Self-referral or through our process for bereaved people of someone who died in palliative care GP referral for any death occurring outside of palliative care
Hours of Operation	Monday to Friday 9:00am - 5:00pm
Cost	No cost
Interpreters	If required
Other Services	Education groups
Other Information	In cases of exceptional access issues counselling can also be provided at the client's home

Centre for Childhood Grief Bereavement Counselling Service

Counselling Centre Address	14 Hollis Avenue Denistone East 2112
Postal Address (if different)	PO Box 327 Epping NSW 1710
Phone	1300 654-556
Email	info@childhoodgrief.org.au
Region Covered	National (via telehealth)
Eligibility Criteria	 A child who has had a loved one die at any time An adult who has had a loved one die in the last couple of years
Type of Counselling Available	 Bereavement Counselling for children (free) Bereavement Counselling for adults (fee for service)
Referral Process	Self-Referral
Hours of Operation	Mon – Fri 9am – 5pm
Cost	Adult Counselling \$190.00 Child Counselling 3 – 18 No charge
Interpreters	No
Other Services	
Other Information	For a child to be seen an initial session is required with the primary care-giver, this session costs \$190.00

Coffs Harbour Clinical Network Specialist Palliative Care Services

Counselling Centre	Palliative Care
Address	Coffs Harbour Health Campus
Addiooo	·
	345 Pacific Highway Coffs Harbour NSW 2450
	Cons Harbour NSW 2450
Postal Address	Locked Bag 812
(if different)	Coffs Harbour NSW 2450
Phone	0429 342 003
	02 6656 5341
Email	Meera.Henry@health.nsw.gov.au
Region Covered	Coffs Clinical Network: Coffs Harbour, Bellingen, Macksville, Dorrigo
•	
Eligibility Criteria	Families & individuals known to patients of the Specialist Palliative Care Service, Coffs Clinical Network
	Service, Cons Chilical Network
Type of Counselling	Individual
Available	Face to face
Referral Process	Self-referral preferred or through staff members
Hours of Operation	Thursday & Friday 8.00am – 4.30pm
riours or operation	Thursday a Friday 6.00am 4.00pm
Cost	No cost
Interpreters	Telephone
into protoro	1 diaphone

Forensic Medicine and Coroners Court Complex - Sydney

Address	1A Main Avenue Lidcombe, NSW 2141 (cnr Main Ave & Joseph St)
Phone	(02) 9563 9000 (24 hours)
Email	NSWPATH-FASS-FMSYD-SocialWork@health.nsw.gov.au

Forensic Medicine - Newcastle

Address	John Hunter Hospital Complex Rosella Close New Lambton Heights 2305
Phone	4935 9700 8:30 – 4:30pm weekdays 4921 3000 1pm – 5pm weekends (ask to speak with Forensic Medicine Social Worker)
Email	NSWPATH-FASSNewcForensicCounselling@health.nsw.gov.au

Forensic Medicine - Wollongong

Address	Wollongong Hospital Loftus Street Wollongong 2500
Phone	4253 4501 8.00am – 4:30pm weekdays (ask to speak with Forensic Medicine Social Worker) 4222 5466 Weekends (ask to speak with on-call social worker)
Email	SESLHD-ForensicCounselling@health.nsw.gov.au

Forensic Medicine – Statewide NSW

Eligibility criteria	Bereaved family and friends of someone whose death is reported to the Coroner in NSW and admitted or referred for triaging to Forensic Medicine Services at either Sydney (Lidcombe), Newcastle or Wollongong.
Referral process	Self-referral, NSW Police, Coroner/local court or local hospital
Hours of operation	8:30am - 4:30pm Monday – Friday Limited out-of-hours service available. See individual contact details above
Cost	No cost
Interpreters	Telephone interpreter available
Other services	 Support After Suicide Program: a monthly support group, a newsletter and access to on-going counsellor support in Wollongong and Sydney Telephone information, support and advocacy in forensic and coronial processes Support and resources regarding grief for adults and children Disaster victim response/identification support for families Training and education to professionals

HammondCare/Northern Sydney LHD Bereavement Counselling Service

Counselling Centre	Greenwich Hospital
Address	97-115 River Road Greenwich 2065
	Neringah Hospital 4-12 Neringah Ave Wahroonga NSW 2076
	Mona Vale Community Palliative Care Coronation St Mona Vale NSW 2103
Postal Address (if different)	As above
Phone	1800 427 255
Email	bereavement@hammond.com.au
Region Covered	Northern Sydney LHD
Eligibility Criteria	Bereaved family & friends of people who died in palliative care in NSLHD or other areas
Type of Counselling Available	Face to face, online and phone consultations IndividualsCouples
	Families
Referral Process	 Self-referral Health professionals can refer CALD clients
Hours of Operation	830 am to 5 pm
Cost	No cost
Interpreters	Yes
Other Services	 Support Groups Walking Groups Online Groups in English and other community languages
	Psycho-education to community
	English and online bilingual
	Grief and Bereavement Training
Other Information	Booklets: Understanding Grief, Bereavement:12 months and Beyond, Children and Grief, Practical Matters, Coping with Grief, Bereavement Support
	https://www.hammond.com.au/palliative-care-free-resources
	•

HammondCare/South West Sydney LHD Bereavement Counselling Service

Counselling Centre Address	Braeside Hospital 340 Prairievale Rd Prairiewood NSW 2176
Postal Address (if different)	As above
Phone	02 97568878
Email	braesidebereavement@hammond.com.au
Region Covered	South West Sydney LHD: Fairfield, Bankstown, Liverpool, Campbelltown
Eligibility Criteria	Palliative care deaths from community and hospitals in South West Sydney
Type of Counselling Available	Face to face, online and phone consultations Individuals Couples Families
Referral Process	 Self-referral Health professionals can refer CALD clients
Hours of Operation	830 am to 5 pm
Cost	No cost
Interpreters	Yes
Other Services	 Support Groups: Walking Groups and Online Groups in English and other community languages Psycho-education to community in English and online bilingual clinicians Grief and Bereavement Training to Clinicians and Medical students
Other Information	Booklets: Understanding Grief, Bereavement:12 months and Beyond, Children and Grief, Practical Matters, Coping with Grief, Bereavement Support https://www.hammond.com.au/palliative-care-free-resources

Hunter New England Health District Paediatric Bereavement Counselling Service

Counselling Centre Address	John Hunter Children's Hospital Lookout Rd New Lambton NSW 2305
Postal Address (if different)	Social Work Department Locked Bag 1 Hunter Region Mail Centre NSW 2310
Phone	0437 916 149
Email	Fiona.Keegan@health.nsw.gov.au
Region Covered	Hunter New England LHD
Eligibility Criteria	Families of children who have died at, or are known to a health facility of the Hunter New England LHD
Type of Counselling Available	To provide a point of contact for bereaved families seeking support, guidance and referral
Referral Process	Self-referral Referrals from other health professionals accepted
Hours of Operation	Wednesday, Thursday and Friday
Cost	No cost
Interpreters	Yes
Other Services	 Education Training Consultation to other health professionals

Illawarra Shoalhaven Local Health District Palliative Care Bereavement Service

Counselling Centre Address	Counselling is provided across the region in local community health centres Locations include Wollongong, Dapto, Kiama, Nowra and Ulladulla Counselling may also be available in client's home or through walk and talk
	therapy by negotiation
Postal Address (if different)	c/o Bereavement Coordinator ISLHD Palliative Care Service The Wollongong Hospital Loftus Street Wollongong NSW 2500
Phone Email	0436 914 142 ISLHD-BereavementService@health.nsw.gov.au
Website	https://www.islhd.health.nsw.gov.au/services-clinics/bereavement-service
Region Covered	Illawarra and Shoalhaven
Eligibility Criteria	People bereaved by any circumstances who live in the Illawarra or Shoalhaven LGAs.
Type of Counselling Available	 Individuals Couples Face to face Telehealth and video counselling
Referral Process	Self-referral preferred
Hours of Operation	Monday to Friday 8:00am–4:30pm
Cost	No cost
Interpreters	If required
Other Services	 Education/training for health, community and school services Consultation for health professionals and the general public Bereavement support activities / groups Memorial services

JewishCare Chessed Grief, Loss & Bereavement Program

Counselling Centre	3 Saber Street
Address	Woollahra
	NSW 2025
Postal Address	PO Box 647
(if different)	Bondi Junction
	NSW 1355
Phone	(02) 9302 8017
Email	grief@jewishcare.com.au
Region Covered	Sydney Metro
Eligibility Criteria	Bereaved adults and children Non-death related grief & loss
Type of Counselling	Individuals
Available	• Couples
	Families
	Children Voyen Beenle
	Young People
Referral Process	Self-referral preferred but not essential
Hours of Operation	Monday to Friday
	9:00am – 5:00am
Cost	Affordable sliding scale
Interpreters	Yes – Russian and Hebrew
Other Services	Suicide Impacting Me Support Group (non-denominational)
	1st Tuesday of every month 6:00pm – 7:30pm (not Jan) Facilitated by a psychologist and assist worker.
	 Facilitated by a psychologist and social worker <u>familyandfriends@jewishcare.com.au</u>
	Understanding Grief & Loss
	Understanding Grief & LossEducation
	• Training
	Consultation to the general public and other health professionals

Kids Cancer Centre Sydney Children's Hospital Bereavement Counselling Service

Counselling Centre Address	Kids Cancer Centre Sydney Children's Hospital High St Randwick NSW 2031
Postal Address	As above
(if different)	
Phone	9382 1726 or 0411 023 633
Email	vera.russell@health.nsw.gov.au
Region Covered	Sydney metropolitan, NSW, Canberra
Eligibility Criteria	Families whose child, teenager or young adult has been treated by the Kids Cancer Centre
Type of Counselling Available	 Individuals: adults and children Couples Face to face primarily delivered via home visit Counselling available at hospital Telehealth options also available
Referral Process	Self-referral or by treating team
Hours of Operation	Flexible during weekdays. No weekend work
Cost	No cost
Interpreters	As required
Other Services	Support Groups
	Refer page 28 of this directory for bereavement support offered through Sydney Children's Hospital for families of a child known to SCH Palliative Care Service

Macksville Palliative Care Team

Counselling Centre Address	Macksville Hospital Primary Health 100 Darruya Rd North Macksville NSW 2447
Postal Address (if different)	Macksville Palliative Care Team PO Box 137 Macksville NSW 2447
Phone	(02) 6598 3557 0402 266 516
Email	melissa.hilson@health.nsw.gov.au
Region Covered	Nambucca Shire Council
Eligibility Criteria	palliative care deaths, people with complicated grief issues
Type of Counselling Available	IndividualsCouples
Referral Process	Self-referral or GP referral
Hours of Operation	Tues, Wed, Thurs 8:30am – 5:00pm
Cost	No cost
Interpreters	Telephone
Other Services	Support Group – monthly bereavement lunch group

Rednose Bereavement Counselling Service

Counselling Centre Address Postal Address	Level 1 Building 125 Corner of Church and Glover Streets, Lilyfield NSW 2040 78 Stewart Street Hamilton NSW 2303 PO Box 488
(if different)	Rozelle NSW 2039
Phone Email	1300 308 307 intake@rednose.org.au
Region Covered	NSW
Eligibility Criteria	Family support after the sudden or unexpected death of a baby, infant or child
Type of Counselling Available	Face to face and phoneIndividualCouplesFamilies
Referral Process	1300 308 307 or through our online referral form at www.rednosegriefandloss.org.au
Hours of Operation	Monday-Friday 9:00am – 5:00pm plus 24 hour bereavement support line
Cost	No cost
Interpreters	Yes
Other Services	 24 hour bereavement support line – 1300 308 307 Support groups – both in person and online Dedicated grief and loss website: www.rednosegriefandloss.org.au Video counselling Memorial services Education to health professionals and community groups Guiding Light Newsletter Support Literature Community Engagement activities

Redkite

Counselling Centre Addresses	Sydney Level 3 418a Elizabeth Street Surry Hills NSW 2010
	Brisbane Level 3 80 Petrie Terrace Brisbane QLD 4000
	Melbourne 7/71 Victoria Crescent Abbotsford VIC 3067
	Perth Lower Ground Floor 229 Stirling Highway Claremont WA 6010
Phone	1800 733 548 (select option 1)
Email	support@redkite.org.au
Region Covered	Australia-wide
Eligibility Criteria	 Any child or young person diagnosed with cancer ages 0-18 years Any family or friends of a child or young (up to and including age 18) that has been diagnosed with or died from cancer
Type of Counselling Available	 Individual counselling on phone, email or face to face Group counselling over video (Connect Groups) Information sessions and 4-6 week programs
Referral Process	Self-referral or referral by hospital social worker
Hours of Operation	9:00 am - 7:00 pm AEST
Cost	No cost
Interpreters	If required
Other Services	 Resources (bereavement packs and books) Book Club Financial assistance Education and career support Bereavement grant

Royal North Shore Hospital ICU Bereavement Counselling Service

Counselling Centre Address	Royal North Shore Hospital Pacific Hwy St Leonards NSW 2065
Postal Address (if different)	As above
Phone	(02) 9463 2600
Email	louise.sayers@health.nsw.gov.au
Region Covered	Intensive Care Unit, Royal North Shore Hospital
Eligibility Criteria	Families who experience a death in the Intensive Care Unit at the Royal North Shore Hospital
Type of Counselling Available	Short-term, over the phone
Referral Process	The Intensive Care Unit
Hours of Operation	Monday to Friday 8:00am - 4:00pm
Cost	No cost
Interpreters	If required

Southern Highlands Bereavement Care Service

Counselling Centre Address	Old Cottage Hospital Building Bowral Hospital Sheffield Road
Audiess	BOWRAL
	NSW 2576
Postal Address (if different)	PO Box 268
	Bowral NSW 2576
Phone	(02) 48621701
Email	M: 0490714469
	E: info@shbcs.org.au
Region Covered	Wingecarribee and Wollondilly Shires and other regions via phone or Zoom
Eligibility Criteria	 Individuals and families who have experienced a loss or bereavement Individuals who are in the terminal phase of illness, and their families
Type of Counselling	Individuals, couples, seniors, families, teenagers, children
Available	 Face to face, phone and zoom counselling available Home visits can be arranged in special circumstances
Referral Process	 Self-referral via phone or through our website Referral by GP or other health professional
Hours of Operation	Monday, Tuesday, Wednesday 9.00am to 5.30pm Some Saturdays are also available
Coot	Cliding for each board on annual family income. Denoisner rate evailable
Cost	Sliding fee scale based on annual family income. Pensioner rate available
Interpreters	No
Other Services	support groups (based on community need)
	trainingcommunity education and consultation
	lending library
Other Information	resource for teenagers and young adults "I Can Do it but it's Still Hard"
	 digital version available through our website and hardcopies of the booklet can be purchased
	255.tiot ball bo parollaboa

St Vincent's Hospital Sydney Bereavement Counselling Service

Counselling Centre Address	140 Burton Street Darlinghurst NSW 2010 2A Normanby Road Auburn NSW
Postal Address (if different)	As above
Phone	(02) 8382 9594
Region Covered	St Vincent's Health Network including: Sacred Heart Palliative Care Darlinghurst St Vincent's Hospital Sydney St Joseph's Auburn St Vincent's Private Hospital South East Sydney Area Health
Eligibility Criteria	 Persons 16 years and over, who are family and/or friend of person who died in St Vincent's Hospital, Sacred Heart Hospital, St Joseph's Hospital and Vincent's Health Network. Bereaved adults living in the Eastern Sydney area Counselling available regardless of the cause of death
Type of Counselling Available	 Face to face Virtual Telephone Individual Counselling Family psycho education sessions
Referral Process	 Self-referral Referral by health care professionals with person's consent
Hours of Operation	Monday to Friday 9:00am – 5:00pm
Cost	No cost
Interpreters	Yes
Other Services	 Education Training Consultation to the general public and other health professionals
Other Information	Bereavement Support Group 1st Monday of each month 12:00-13:30pm

Sydney Children's Hospital Palliative Care Bereavement Counselling Service

Carra allina Cantra	Conductor Children's Heavited
Counselling Centre	Sydney Children's Hospital
Address	High Street
	Randwick NSW 2031
Postal Address (if different)	As above
Phone	(02) 9382 1021
Region Covered	 Counselling available to any family of a child known to Sydney Children's Hospital Palliative Care Team Availability of home visits limited by distance to Sydney Children's Hospital
Eligibility Criteria	Bereaved parents, siblings, and grandparents of children who have died at Sydney Children's Hospital and/or who have died in the community and were known to the SCH Palliative Care Service
Type of Counselling Available	 Individual, couple, child, family Telephone or telehealth Face-to-face Home visits
Referral Process	The Bereavement Coordinator contacts families by letter 6 weeks after the death of their child and then follow this with a phone call to discuss their bereavement support needs & offer counselling if appropriate
Hours of Operation	Monday- Friday 08:30 - 17:00
Cost	No cost
Interpreters	Yes
Other Services	We will assist with providing information about bereavement counselling options for bereaved families who are not known to the SCH Palliative Care Service
Other Information	Education for health professionals, community groups
	Consultation regarding paediatric grief & loss
	Refer page 21 of this directory for bereavement support offered through the Kids Cancer Centre to families of those children treated for cancer/blood disorders at Sydney Children's Hospital

Sydney Local Health District Bereavement Counselling Service

Counselling Centre Address	Concord Hospital
7.44.1000	Royal Prince Alfred Hospital
Postal Address (if different)	Concord Hospital Hospital Rd Concord Hospital NSW 2139
Phone	(02) 9767 5656
Region Covered	Sydney Local Health District
Eligibility Criteria	 Family and friends of someone who died at SLHD Bereaved adults living in the Sydney Local Health District Bereaved adults living outside the area but the deceased person died within the area Counselling available regardless of the cause of death
Type of Counselling Available	Individuals (18 years and over who have left school)
Referral Process	Self-referral
Hours of Operation	Monday to Friday 8:30am – 5:00pm
Cost	No cost
Interpreters	No
Other Services	Support Groups
Other Information	 Education Training Consultation to the general public and other Health Professionals Bi-annual memorial service

Western Sydney Local Health District – Supportive & Palliative Care Bereavement Counselling Service

Counselling Centre Address/s	Mt Druitt Supportive and Palliative Care Unit 75 Railway Street Mt Druitt NSW 2770 Westmead Hospital Hawkesbury and Darcy Road Westmead NSW 2145
Postal Address (if different)	c/o Mt Druitt Supportive and Palliative Care Unit 75 Railway Street Mt Druitt NSW 2770
Phone	(02) 9881 1723
Email	kristin.bindley@health.nsw.gov.au
Region Covered	Western Sydney Local Health District (including Baulkham Hills, Blacktown, Cumberland & Parramatta Local Government Areas)
Eligibility Criteria	Palliative Care bereavement only i.e.: Bereaved family and friends known to the Supportive Palliative Care Service in Western Sydney Local Health District and/or Silver Chain Community-based Palliative Care Bereaved family & friends known to another Palliative Care Service who live within Western Sydney Local Health District
Type of Counselling Available	IndividualFace-to-faceTelephone
Referral Process	Self-referral preferred
Hours of Operation	Monday to Friday 8:00am-5:00pm
Cost	No cost
Interpreters	If required
Other Services	 Consultation to health professionals and the general public Memorial services Education/training Bereavement support groups