

### **Post Incident Interview by Consumer Peer Workers – Sample Interview Questions:**

1. Can you tell me about the seclusion/restraint event that happened the other day?
2. How did this make you feel?
3. What was offered to support you in managing your distress?
4. What could have been done differently to support you?
5. Is there anything that staff or you could have done differently to prevent this incident?
6. How might we support / help you in the future so that this does not happen again?
7. Do you have anything else to tell us?
8. Have you completed a Patient Safety Plan? If no, would you like to complete one and would you like some assistance to do so?

### **Sample Questions that may be asked by the clinician to facilitate post seclusion/restraint discussion/review:**

1. Can you tell me what was happening for you before the seclusion/restraint occurred?
2. Prior to the seclusion/restraint, how were you feeling?
3. Is there anything staff could try in the future to assist you early, if you feel this way again? Inform the consumer what alternatives were tried prior to seclusion/restraint. Did any of these alternatives help you?
4. Was your dignity and privacy respected during the incident?
5. Is there anything we can do to help you recover from this incident?  
Offer consumer referral to a Psychologist, Social Worker, Peer Worker or other appropriate therapeutic support service.

### **Sample Debriefing Questions will cover:**

1. Who was involved?
2. What happened?
3. Where did it happen?
4. Why did it happen?
5. What did we learn?

Debriefing should occur following every instance of seclusion and/or restraint between the staff involved and NUM/NIC. In instances where NUM/NIC was directly involved, debrief to be completed with Operations Manager/ MH Exec On call.