

### 3.7 Standing Order for supply of Ibuprofen

<b>TITLE</b>	Standing order for Ibuprofen
<b>Trade Name(s)</b>	Advil, Brufen, Bugesic, Dimetapp, Heron Blue, Nurofen, Panafen, ProVen, Rafen
<b>Presentation<sup>1</sup></b>	<p><u>Tablets / capsules</u> containing 200mg <u>Suspension</u></p> <ul style="list-style-type: none"> <li>• 200mg / 5mL</li> <li>• 100mg / 5mL</li> <li>• 100mg / 100mL</li> </ul> <p>(Note: Some ibuprofen preparations contain codeine, phenylephrine or pseudoephedrine combinations – this Standing Order is for ibuprofen <u>only</u>. Other preparation combinations are not covered)</p>
<b>Indication</b>	Analgesia for the treatment of mild to moderate pain (any cause). Corresponding pain score may range from 1 - 6
<b>Contraindications<sup>1</sup></b>	<ul style="list-style-type: none"> <li>• History of allergy to aspirin or other NSAIDs</li> <li>• Concurrent antiplatelet (including low dose aspirin) or anticoagulant use</li> <li>• History of, or likelihood of, active peptic ulcer disease or GI bleeding</li> <li>• History of, or likelihood of, liver, kidney or cardiovascular disease, including hypertension, heart failure, stroke, myocardial infarct</li> <li>• History of asthma or hypertension</li> <li>• Current or possible pregnancy</li> <li>• Breast feeding mothers</li> <li>• Patients &gt;65yrs with multiple comorbidities and on multiple medications</li> <li>• Dehydration</li> <li>• Concurrent use of diuretics, ACE inhibitors or angiotensin receptor blockers</li> </ul>
<b>Precautions<sup>1</sup></b>	Nil specific – assess effectiveness by repeating pain assessment 30 – 60 minutes post administration
<b>Dose<sup>1</sup></b>	<p><b>Elderly – 200mg per dose</b></p> <p><b>Adults – 200 - 400mg per dose</b></p> <p><b>Children - 10mg / kg up to 400mg per dose</b></p>
<b>Dose frequency<sup>1</sup></b>	<p><b>Adults - 4-6 hourly (maximum 3 doses/24hrs)</b></p> <p><b>Children - 6-8 hourly (maximum 3 doses/24hrs)</b></p>
<b>Administration and Supply<sup>1</sup></b>	<p><b>May be administered in hospital and supplied via pre-labelled stock for use outside the hospital in a take-home pack of no more than 10 tablets. Advise patient to consult a doctor about using for more than 2 days.</b></p> <p>Oral tablet / capsule or suspension syrup</p>
<b>Storage</b>	Store out of patient and public access, preferably in a locked room or a locked cabinet securely attached to the wall or floor – see PD2013_043.
<b>Adverse effects<sup>1</sup></b>	<ul style="list-style-type: none"> <li>• Gastrointestinal symptoms</li> <li>• Hypersensitivity reactions</li> <li>• Longer term use may exacerbate cardiac or renal disease</li> </ul>
<b>Nursing Accreditation Requirements</b>	An RN whose competency to practice Nurse Delegated Emergency Care and to comply with this Standing Order has been assessed and approved by a <i>Local Facilitator</i> , in accordance with the NDEC Education and Accreditation Framework.

<b>Documentation</b>	Administration record and supply is to be documented by the administering nurse. Document first dose and supply (if applicable) on the "once only" section of the appropriate medication chart. The record of administration must be checked and countersigned by a medical officer within 24 hours of initial administration.
<b>Related Documents</b>	NDEC Nurse Management Guideline: Pain <a href="http://www.ecinsw.com.au/node/275">http://www.ecinsw.com.au/node/275</a>

**Local Standing Order Authorisation:**

<b>Date approved by _____ LHD Drugs and Therapeutics Committee:</b>	<b>Medical Officer Name:</b>
<b>Review Date:</b>	<b>Signature:</b>

<sup>1</sup> The drug information provided is to act as a guide only, for further information reference should be made to the full product info available on MIMS or the Australian Medicines Handbook <accessible in NSW Health facilities via CIAP: > If contraindications, precautions or interactions are present refer to MO before administration