

Appendix 8 – Patient Information Checklist – 1/1

The following information may be included when the Perioperative Service team is providing written education and instructions for patients and their carers.	
Information for patients and their carers should include:	Completed
Details of the operation to be performed.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
Expected benefits of the surgery / procedure and risks involved.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
Details of the anaesthetic – e.g. what is a general anaesthetic.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
Appropriate length of stay in hospital. This should include the length of the procedure, as well as the time that the patient will be waiting and/or time that they will be expected to arrive.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
Overview of usual recovery for the patient's procedure including: <ul style="list-style-type: none"> • When the patient will usually eat and drink • Mobilisation • Return home 	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
Degree of pain anticipated and how the pain is relieved, e.g. details of techniques such as patient controlled analgesia.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
Approximate time off work needed.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
When will it be safe to resume normal activities e.g. driving.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
The perioperative screener's contact details for the patient and/or carer to ring if: <ul style="list-style-type: none"> • They cannot attend on the day of surgery • There has been a significant change to their medical condition • Their medication has changed • They need advice. 	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
What to bring on the day of admission.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
A hospital map, car parking (including costs) and/or other transport arrangements.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
Hospital visiting times for relatives.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
Fasting times and other pre operative preparation. This should include confirming the instructions (and any jargon) are understood e.g. fasting means no food or drink.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
Where relevant, make the patient and/or carer aware of other services, including interpreter, Aboriginal Liaison Officers etc. Health facilities must adhere to the NSW Health policy on the use of professional interpreters to support communication with patients, their families and carers from culturally and linguistically diverse backgrounds. See <i>Interpreters – Standard Procedures for Working with Health Care Interpreters (PD2006_053)</i> .	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
Costs attached to the surgery / procedure and/or hospital stay.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>