Ural® is a flavoured effervescent drink which helps to neutralise the acid in the urinary tract to assist in eliminating bacteria. It has been given to you to help relieve the painful, burning symptoms of your possible urinary tract infection.

This preparation contains sodium so if you are usually on a low sodium diet, you should let your doctor know and seek advice about whether Ural® is suitable for you.

Taking Ural® will only improve your symptoms and not treat the cause of your infection. You can use Ural® in combination with most antibiotic medications. However, you should not take Ural® if you have been prescribed antibiotic such as norfloxacin or ciprofloxacin. Check with your doctor whether you can take it in combination with the particular antibiotic prescribed for you.

All medicines have side effects. Sometimes they are serious, most of the time they are not. Ural® may exert a mild laxative effect.

You have been given a supply of URAL® ( __ sachets).

Dissolve contents of 1-2 sachets in a glass of cold water. May be taken 4 times daily for 5 days or as directed by your doctor.

If you find Ural® is effective for you, it is available for purchase in pharmacies. You do not need a prescription.

Additional Instructions
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Seeking help:

In a medical emergency go to your nearest emergency department or call 000.

Disclaimer: This information answers some common questions about Ural®. If you have any concerns, consult your doctor or other health professional to make sure this information is right for you.