

## **FEES:**

Client contributions of up to 17.5% of the daily rate of a single pension may be negotiated with the Transitional Care service provider. In some circumstances – fees may be waived. No client will be excluded from the program based on inability to pay.

## **DISCHARGE:**

On discharge from Transitional Care, referrals can be made to other community services if required and a discharge summary will be sent to your GP.

## **CONTACT DETAILS:**

Blacktown TACP: (02)9881 7187

Aged Care Assessment Team (ACAT):  
(02) 9881 8288

## **CONFIDENTIALITY AND ADVOCACY**

All information concerning your care is confidential. A health record will be created and information may be shared amongst other health professionals to optimise your care. You are entitled to an advocate if you wish.

A free and confidential Health Care Interpreter Service is available. Auslan Interpreters are also available.

## **AFTER HOURS**

If you require medical assistance after hours contact your G.P.

In the case of an emergency please contact 000 or attend your nearest Emergency Department.

WSLHD TACP: May 2015



**Health**  
Western Sydney  
Local Health District

# **BLACKTOWN TRANSITIONAL AGED CARE PROGRAM (TACP)**

**Covers clients living in the  
Blacktown Local Government Area**

**(02) 9881 7187**

*To maximise quality of life  
and independence*

**INFORMATION FOR CLIENTS/  
CARERS AND THEIR  
SIGNIFICANT OTHERS**

## What is Transitional Care?

The Transitional Aged Care program (TACP) aims to provide a short-term therapy based service (up to 12 weeks plus an extension in certain circumstances) to clients in their own home and community environments immediately following a hospital admission.

### **Aim:**

The aim of the Transitional Aged Care Program is to work with the client and their carer/family towards regaining and improving function to maximise independence. An multidisciplinary team will provide your individual care needs.

## **STAFFING may include:**

Physiotherapists  
Occupational Therapists  
Social Workers  
Community Care Aides  
Geriatricians  
Secretary

Your G.P is an integral part of your care, so TACP staff will continue to liaise with them as needed.

## Who is eligible?

You need to be an older person and

- In hospital, nearing the end of your hospital stay
- Be able to benefit from a program that will help improve your recovery and restore independence as much as possible
- Have been assessed by the Aged Care Assessment Team (ACAT) as being eligible
- Wish to be part of the Transitional Care

## **Client Must Also:**

- Have sustained a recent injury, illness or surgery that has reduced their ability to cope at previous level of function.
- Have the potential for improvement back to or above their previous level of function.
- Be medically stable at time of discharge from hospital.
- Be able to walk independently (with or without aid) if they live alone or need only minimal assistance with mobility by a live in carer.
- Be willing to participate in a **therapy-focused program** both

## **During hospital admission:**

- Potential Transitional Care clients are identified by hospital staff.
- Transitional Care is discussed with the patient.
- Referral to Transitional Care will occur if appropriate
- Your ACAT assessment will take place in hospital
- A Transitional Care team member will visit you to complete an agreement and discuss your care needs.

## **After discharge from hospital:**

- During the first week the client, (carer, family) and Transitional care staff develop an individual therapy program and service plan that works towards achieving both therapeutic and client identified goals.
- Type and frequency of therapy and services will depend on client needs, e.g. physiotherapy, occupational therapy, social work, personal care, assistance with domestic tasks, shopping, transport, and leisure pursuits.
- Eligible clients will also be strongly encouraged to attend group therapy with other clients on the program at