

Checklist for developing a suicide care pathway

Before you start

- Explore the *Redesign Methodology* framework
- Review the CEC's *Suicide Prevention Quality Improvement Toolkit*
- Review the *NSW Health suicide care pathway* document

Starting out

- Write down why you need to develop a suicide care pathway for your area
- Identify benefits and potential outcomes of having a suicide care pathway
- Outline the potential audiences for your local suicide care pathway
- Review components of a suicide care pathway and the types of pathways best suited to your local situation

Establish a working group and stakeholder consultation groups

- Determine membership, including people with lived experience, service managers and senior clinicians
- Develop terms of reference
- Establish stakeholder consultation groups
- Develop a workplan

Document current services

- Document current local and state services
- Document relevant policies and procedures impacting service delivery
- Collate baseline data on presentations to services, re-presentations, number of suicides, people and staff experience etc.

Map the current pathway

- Map the current local service – process map and/or people journey map
- Conduct a gap analysis in line with the NSW Health suicide care pathway
- Prioritise key components of work as identified by the gap analysis

Design future (desired) pathway

- Determine the type of pathway
- Document the desired pathway

Test the pathway

- Identify the service or audience to pilot the use of the pathway
- Pilot pathway
- Collect feedback and evaluation data
- Revise the pathway

Zero Suicides in Care is a NSW Health Towards Zero Suicides initiative

Endorse the pathway

- Undertake local LHD or SHN processes for endorsement
 - Consider obtaining endorsement of the pathway from stakeholders not involved in the development of the pathway
-

Implementation

- Communications
 - Training staff
-

Review and monitoring of the suicide care pathway

- Identify process and outcome measures
 - Establish a monitoring and data collection system and process
-

Ongoing review of the suicide care pathway

- Establish a regular review process of the pathway in line with local processes
 - Embed pathway into local governance systems for continuous monitoring, review, and improvement
-



© State of New South Wales (Agency for Clinical Innovation) 2022.
Creative Commons Attribution-NonCommercial 4.0 licence. For current information go to: aci.health.nsw.gov.au. The ACI logo is excluded from the Creative Commons licence and may only be used with express permission.

TRIM: ACI/D22/871 | SHPN (ACI) 220355 [06/22]