



Transitioning Young People with Intellectual Disability and Mental Illness to Adult Health Services

Key themes

- Key role of GP and practice nurse
- Communication
- Collaboration
- Policy and guidance to system

'Don't underestimate the role and depth of skill of the GP. With access to expert support and consultation pathways, we can play a key role in supporting the person with intellectual disability and their family.'

General Practitioner (GP)

Proposed model

- Person-centred
- Wrap-around
- Community-based
- Individualised
- Co-designed
- Collaborative
- Multidisciplinary
- Coordinated

'Belinda is now 16, I'm worried that there are not many people with skills and interest to move onto. This is the first time I have heard about a transition person at the hospital.'

Kassie and Belinda, Real People, Real Lives.

Requirements

- Systems response
- Funding support
- Better communication between professionals and service providers.

'The issue of transition to adult services is one that has not been resolved yet.'

Magda and Susie, Real People, Real Lives.