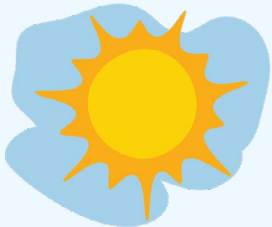


School post-burn care plan

August 2024

Information sheet

Follow this advice for schools to support students who are recovering from burns. Allowing them to run and play as normal is an important part of their recovery, as long as there are no restrictions by medical or nursing staff.



Sun protection

- Healed skin burns more easily.
- Play should be in the shade rather than direct sun.
- Use sunscreen, protective clothing and hats when outside.



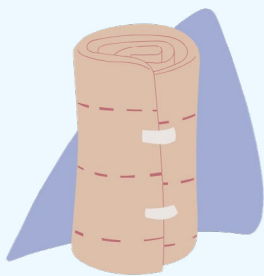
Pressure garments

- Some children may need pressure garments to reduce scarring.
- The garments are worn at all times (including swimming and sport), except when bathing or showering.
- Pressure garments can be opened to allow for close inspection of the skin.
- Use the zipper or Velcro to open, but try not to fully remove the whole garment unless necessary, as they can be difficult to put back on.



Splints

- Some patients need to wear special splints to help their skin heal in the right position.
- These splints may need to be re-positioned.



Scarring

If a wound occurs on a healed burn, follow these steps:

- If the wound is smaller than a 20c piece, use a bandaid as you would for any other child.
- If the wound is larger than a 20c piece, use a small non-stick dressing and notify the child's parents or carer that this will need dressing once home.

Notify parents of any problems, but generally only after the issue has been managed and the child is back in class. It is not necessary for them to be sent home or allowed extra time off.

Your health worker contact details

Name:

Service:

Phone:

Hours:

After hours contact: