In brief

Rapid Antigen Testing

18 August 2021

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- Rapid <u>antigen</u> tests are one of four main types of COVID-19 tests ¹
- The <u>other types</u> are nucleic acid amplification tests (PCR), rapid <u>molecular</u> tests (e.g. Xpert Xpress) and antibody tests ^{1, 2}
- The strengths of rapid antigen tests ³ are:
 - o Timeliness, with most taking between 15-30 minutes from test to result
 - o Sample type used (usually a nasal swab or saliva) which are more acceptable to people
 - o No requirement for specialist equipment (although some use immunofluorescence) 4
 - o Relatively low cost, with most costing \$5-\$20 per test ⁵
- Rapid antigen tests have <u>lower sensitivity and specificity</u> compared with gold standard PCR tests ¹
- Current Australian advice is that rapid antigen tests are not suitable for <u>diagnostic purposes</u> due to high rates of false positives and false negatives when used as a single one-off test ⁶
- However, rapid antigen tests have value as a <u>screening step</u> followed by confirmatory goldstandard PCR testing – particularly in outbreaks where there is <u>high local disease prevalence</u> (such as <u>currently in Sydney</u>) 7-9
- Issues with false positive and false negative test can be addressed by repeat testing 10
- Rapid tests can play an important role in expanding testing capacity for example in <u>emergency</u> <u>departments</u>, schools and certain industries ¹¹
- Rapid testing is used differently across jurisdictions, for example a rapid, regular community testing program (lateral flow) for asymptomatic individuals was rolled out in England 12
- Self-testing is currently prohibited in Australia ¹³
- In Australia, the <u>Royal College of Pathologists of Australasia</u> remains concerned over the uncontrolled use of rapid antigen tests, however recognises that in localised outbreaks use of these tests for surveillance alongside mainstream testing may be appropriate ¹⁴
- The TGA recommends antigen tests should be <u>performed by health professionals</u> in accordance with the manufacturer's instructions. ² <u>Training is required</u> in the correct use of the device and interpretation of results.⁹
- Other options to increase testing capacity include <u>sample pooling</u>.





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