

# Frailty Forum

Kirribilli Club, Lavender Bay NSW

Friday, 7 February 2020

# Frailty Forum

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## Overview

**The Agency for Clinical Innovation (ACI) works with clinicians, consumers and managers to design and promote better healthcare for NSW.**

We provide expertise in service redesign and evaluation, specialist advice on healthcare innovation, initiatives including clinical guidelines and models of care, implementation support, knowledge sharing and continuous capability building.

Our Clinical Networks, Taskforces and Institutes provide a unique forum for people to collaborate across the NSW Health system. By bringing together leaders from primary, community and acute care settings we promote an integrated health system.

The ACI is exploring how to improve care for people living with frailty. This complex issue requires the coming together of many health professional groups to identify and engineer the solutions.

This event is jointly sponsored by ACI's Chronic Care, Aged Health, Nutrition and Rehabilitation Networks. It is an opportunity for health professionals, consumers and carers to collaborate and learn more about frailty and review work already underway to improve care for people living with, or at risk of, frailty.

### **Audience**

This event is for clinicians, consumers, carers and others interested in improving care for people living with, or at risk of, frailty.

### **Aims**

The areas of focus for the forum are:

- identification of frailty
- delaying and treating frailty
- mobilisation / physical activity
- medication management
- nutrition
- shared decision making/advance care planning
- alternate settings for care.

### **Cost**

Free.

### **Venue**

The Kirribilli Club  
11 Harbourview Crescent  
Lavender Bay

### **Contact**

For more information please contact:

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### **Please note**

Photographs taken at this event may be published by the ACI for internal and /or external promotion, education or research purposes. If you do not wish your photograph to be taken please notify our staff.

## Schedule of Event

Twitter  #frailtyNSW @nswaci

8:30am	<b>Registration (tea and coffee served)</b>
9:00am	<b>Welcome</b>
9:05am	<b>Welcome to Country</b> <b>Nathan Moran</b> CEO, Metropolitan Aboriginal Land Council
9:15am	<b>Opening Remarks</b> Chronic Care Network Co-chairs <b>Franca Facci</b> Director Ambulatory & Primary Health Care, Illawarra Shoalhaven LHD <b>Dr Magda Campbell</b> General Practitioner & Director Sydney North Health Network
9:25am	<b>A Consumer Perspective: “Weed if you must”</b> <b>Dr Keith Watson</b> Retired Academic <b>Sarah Hobson</b> Transitional Aged Care Program & Compacts Manager, Northern Sydney LHD (NSLHD)
9:40am	<b>Keynote Presentation: Frailty in Clinical Practice</b> <b>Professor Sue Kurrle</b> Geriatrician Hornsby Ku-ring-gai and Eurobodalla Health Services Clinical Director, Northern Sydney Local Health District Rehabilitation & Aged Care Network, Curran Chair in Health Care of Older People Faculty of Medicine & Health, University of Sydney
10:20am	<b>Northern Sydney Perspective: Focus on Frailty</b> <b>Lyn Olivetti</b> Service Development Manager, Northern Sydney LHD <b>Jordana Panetta</b> Physiotherapist, Hornsby Ku-ring-gai Hospital <b>Lara Pasternak</b> Dietitian CHSP, Hornsby Ku-ring-gai Hospital <b>Chanelle Stowers</b> Manager, Service Integration and Design, Sydney North Health Network & Northern Sydney LHD <b>Annie Yu</b> Clinical Pharmacist, Hornsby Ku-ring-gai Hospital  <b>Facilitator: Margaret Kelly</b> Manager Patient Experience & Consumer Engagement (PEACE) Team, Agency for Clinical Innovation
10:50am	<b>“Let’s Talk About Frailty”</b> 🎵 <b>Sandeep Gupta</b> ACI Rehabilitation Network Co-Chair, Head of Physiotherapy, Balmain Hospital, Sydney LHD (... and friends)
10:55am	<b>Morning tea (20 mins)</b>
11:15am	<b>Some System Perspectives</b> <b>Jacquelin Capell</b> Research Manager, Australasian Rehabilitation Outcomes Centre (AROC) <b>Associate Professor Peter Gonski</b> Geriatrician, Director of Aged Care, Sutherland Hospital <b>Kamilla Haufort</b> Strength for Life Coordinator, Council on the Ageing (COTA) NSW <b>Kerry Gourlay</b> CNS, St George Hospital  <b>Chair: Professor Ken Hillman</b> Professor of Intensive Care, Liverpool Hospital, University of New South Wales (SWS Clinical School) Director of The Simpson Centre for Health Services Research, University of New South Wales, Ingham Institute for Applied Medical Research

12.00pm	<p><b>Frail Proofing</b>  <b>Professor Maria Fiatarone Singh, MD</b> John Sutton Chair of Exercise and Sport Science, School of Health Sciences, Faculty of Medicine and Health, University of Sydney  <b>Sandeep Gupta</b> Rehabilitation Network Co-Chair, Head of Physiotherapy, Balmain Hospital, Sydney LHD</p> <p><i>Niki Fairhall</i> Post-Doctoral Research Associate, University of Sydney  <i>Erica Tarlinton</i> Physiotherapy Senior Clinician, Bulli Hospital</p> <p><b>Chair: Lorraine Lovitt</b> Lead, NSW Falls Prevention Program, Clinical Excellence Commission</p>
12.20pm	<p><b>From Pills to Protein - Putting the Mouth Back in the Body</b>  <b>Dr Janne Beelen</b> Sensory &amp; Consumer Researcher, CSIRO Agriculture &amp; Food  <b>Jenny Gibney</b> Speech Pathologist, Nepean Hospital  <b>Rachel Kingma</b> Speech Pathology Manager, War Memorial Hospital  <b>Dr Kelly Lambert</b>, Program Director Nutrition &amp; Dietetics, School of Medicine, University of Wollongong  <b>Sarah Dinh</b> Quality Use of Medicines Project Officer, NSW Therapeutic Advisory Group</p> <p><b>Chair: Dr Kerry Legge</b> A/Head of Department, Department of Special Care Dentistry, Sydney Dental Hospital, Sydney LHD</p>
1.00pm	<b>Lunch (45 mins)</b>
1.45pm	<p><b>The Dance Against Frailty</b>  <b>Gwen Korebrits</b>  CEO &amp; Founder Dance Health Alliance</p>
2.00pm	<p><b>About Realistic Care</b>  <b>Dr Claire Macaulay</b>  National Education Lead for Realistic Medicine at NHS Education Scotland</p>
2.05pm	<p><b>Emerging Perspectives</b>  <b>Karen Errington</b> CNC, RACF Outreach Team Aged, Chronic Care &amp; Rehab, SLHD  <b>Professor Judy Lowthian PhD</b> Principal Research Fellow &amp; Head of Research, Bolton Clarke Research Institute  <b>Daniel Simpson</b> Coordinator, Integrated Care, Clinical Systems Integration NSW Ambulance  <b>Lauren Cowgill</b> Extended Care Paramedic Program Coordinator &amp; Clinical Educator, NSW Ambulance  <b>Carla Sunner</b> PACE-IT Project Manager, Hunter New England Nursing &amp; Midwifery Research Centre</p> <p><b>Chair: Dr Tracy Brown</b> Staff Specialist Geriatrician, Hunter New England LHD</p>
2.50pm	<p><b>Interstate Perspective: End PJ Paralysis</b>  <b>Eleanor Sawyer</b> Project Lead: Care of Older People Clinical Network Safer Care Victoria</p>
3.20pm	<p><b>Wrap up, Evaluation, Next Steps</b>  <b>Franca Facci &amp; Magda Campbell</b></p>
3.30pm	<b>Close</b>

## How to get to the Kirribilli Club

### Address

Kirribilli Club, 11 Harbourview Crescent, Lavender Bay (Milsons Point)

### Public Transport

The Kirribilli Club is just a short stroll from Milsons Point train station. Take the Alfred Street exit from Milsons Point train station, head north along Alfred Street and turn left at the roundabout which is Lavender Street. Make your way down the hill and turn left at Harbourview Crescent. Kirribilli Club is situated on the left-hand side at 11 Harbourview Crescent, directly opposite “Wendy’s Garden”. Approx 5-6min walk.

### Parking Facilities

Kirribilli Club has 65 car spaces available, located on Basement Levels 1 and 2. The car spaces are available on a “first come, first served” basis and cannot be reserved.

Turn left just past the entrance to the Club (11 Harbourview Crescent), you will see the car park sign.

The car park is a ticket in and a ticket out system, so all you need to do is press the button on your way in and a ticket will be printed, and the boom gate will open.

Keep your ticket with you, and please be sure to pay and have it validated at Reception before leaving the Club.

