

What Are the Care Levels?

How can they help my recovery?

Talk about the support you would like during your admission

Discuss any concerns you have about being on the unit

- Level 1:** You will have a nurse with you at all times within one metre or within line of sight - the nurse will talk, listen, observe and assess your needs.
- Level 2:** A nurse will check in with you every 15 minutes.
- Level 3:** A nurse will check in with you every 30 minutes.
- Level 4:** A nurse will check in with you every 60 minutes.
- Level 5:** A nurse will check in with you every 2 hours.



Let the nurse know what you are thinking, feeling and experiencing

At night time, nurses must check that you are ok while sleeping. They will try and do this as quietly as possible to not wake you. Have a chat with the nurses about this if you are worried about being disturbed.

Collaborate and Care Together