

Emergency department management plan

Contact details			
Name:			
MRN:		DOB:	
Address:			

Current diagnoses and recorded clinical problems

Medications	Allergies

Recommendations for emergency department
That is, specific instructions regarding treatment and management.
1. If presents to the emergency department (ED), he/she should be triaged as normal and assessed (preferably by the most senior ED physician available) according to Chronic Pain in the ED with the goal of early discharge back to his/her GP for appropriate management and referral.
2. It may not be necessary to repeat blood tests and X-rays on every presentation; the decision should be at the treating doctor's discretion and in accordance with Chronic Pain in the ED .
3. Analgesic management in the ED should include the use of
4. He/she should be encouraged to use the non-pharmacological pain management strategies they have learnt, which may include relaxation, self hypnosis, mindfulness or breathing techniques.
5. He/she should not be admitted based on pain intensity alone.
6. On discharge, discuss with his/her GP and pain clinic, and fax through ED notes and discharge summary.
6. He/she should be reminded that this is a flare up in their pain and to temporarily reduce their activity levels before gradually increasing them to their usual level.

If admitted

Any special after hours instructions
Fax a copy of either the ED notes or the discharge summary (or both) to the GP, Dr, with clear instruction to make an appointment in the next 48 hrs.

The ACI thanks and acknowledges the John Hunter Hospital Integrated Pain Service for the development of this plan.

