

Aboriginal Chronic Conditions Conference

Theme: Rethink Virtual Care Models

Dates: 8th & 9th June 2021

Location: Virtual via Zoom



Aboriginal Chronic Conditions Conference

Rethink Virtual Care Models

Overview

The Aboriginal Chronic Conditions Network at the Agency for Clinical Innovation, Aboriginal Health and Medical Research Council and Healthy North Coast Primary Health Network have partnered to co-host the Aboriginal Chronic Conditions Conference: Rethink Virtual Care Models.

Aim

In recent times with bushfires, floods and now COVID-19, many challenges have arisen in how people need or choose to access health services. These challenging times have also caused much trauma for the workforce and communities across NSW.

This virtual conference aims to bring together stakeholders to showcase each other's success and key learnings in designing and delivering virtual models of care for Aboriginal peoples.

We also aim to showcase any key initiatives that have supported the emotional wellbeing of the workforce and community during these challenging times.

Audience

Open to all, who have an interest in delivering culturally responsive care and improving Health outcomes for Aboriginal peoples.

Date/Time

Tuesday 8th June 2021

- Session One: 10.00 am – 12.10 pm
- Session Two: 1.00 pm – 3.00 pm

Wednesday 9th June 2021

- Session Three: 10.00 am – 12.20 pm

Location

Virtual via Zoom.

Link will be sent via email 2 days prior to all persons who have registered.

Acknowledgement

We would like to acknowledge and thank;

- The leadership of the AH&MRC, Healthy North Coast PHN and the Aboriginal Chronic Conditions Network Executive in coming together to partner and co-host this years conference.
- The conference working group, who have supported putting this event together.
- All the presenters who will be sharing and promoting the critical work across our system that supports the design and delivery of culturally responsive care.

Further Information

Please Contact:

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About The Artwork (Cover)

By Jasmin Sarin a proud Kamilaroi and Jerrinja woman from NSW.

The artwork represents the connection between individual health and health of our communities, culture and spirit.

From top to bottom of the artwork we see the factors such as transience and tradition. Moving down the artwork to show solidarity, inclusion and community with the circles connecting people to place. The lower section is representative of coast and desert and how these landforms are the backbone of our culture, intertwining this great land and its peoples.

All of these elements underpin the work of addressing Aboriginal health disparities and the need to work together to improve health outcomes across the spectrum.

Program Agenda

Please see page 6 for more details on presenters.

Day 1: Tuesday 8 th June 2021 – Zoom		
10:00 am	Welcome to Country	
10:05 am	Masters of Ceremonies Kim Whitely Chair, Aboriginal Chronic Conditions Network	
10:15 am	Open Address Dr Jean-Frederic Levesque Chief Executive, Agency of Clinical Innovation Robert Skeen Chief Executive Officer, Aboriginal Health & Medical Research Council Kim Whitely Chair, Aboriginal Chronic Conditions Network	
10:45 am	What is Virtual Care? Donna Parkes Virtual Care Manager, Agency of Clinical Innovation Nicole Favaloro Project Officer, Virtual Care, Agency of Clinical Innovation	This session will look at simplifying virtual care and aims to break it down to address the what, when and how to ensure that providing care using technology is not so daunting.
11:00 am	Aboriginal Women Prisoners Telehealth Cardiac Clinic – Bringing care to the client Joanne Peaks Nurse Unit Manager, Adelaide Women's Prison (AWP) & Pre-Release Centre, Centre Adelaide Health Network Kate Tyrell Aboriginal Health Nurse Consultant, Cardiology Centre Adelaide Health Network	Project launched in 2019 to provide specialist cardiology review via telehealth with strong focus on Aboriginal culture, respect and trust. Additionally, the project aims to connect with community stakeholders to ensure continuity of care post release from prison.

<p>11:20 am</p>	<p>Translation Research Grant Scheme (TRGS) Aboriginal Healthy Hearts Feasibility Study Keona Wilson Project Management, Illawarra Shoalhaven LHD, Aboriginal Health Strategy</p> <p>Darcelle Douglas Research Assistance, Illawarra Shoalhaven LHD, Aboriginal Health Strategy</p>	<p>Translation Research Grant Scheme (TRGS) 3 Aboriginal Healthy Hearts Feasibility Study is developing and evaluating a family-centred outreach model for cardiac rehabilitation in the Aboriginal community.</p> <p>Due to the impact of natural disasters and COVID-19 the team have adapted the community-based model to include virtual consultations to meet the needs of heart attack survivors and their families.</p>
<p>11:40 am</p>	<p>Well Mob Website – A Digital Tool for Our Wellbeing David Edwards Co-Director, Wellmob, University Centre for Rural Health, University of Sydney</p> <p>Talah Laurie Promotions and Social Media Lead, University Centre for Rural Health</p>	<p>The WellMob website is the country’s first online library of over 200 videos, apps, podcasts and other websites on Indigenous social and emotional wellbeing (SWEB).</p> <p>It is a practical tool for Aboriginal health and wellbeing workforce and community users as it provides a ‘one stop shop’ of Indigenous specific online social and emotional wellbeing (SEWB) resources with a health promotion focus</p>
<p>12:00 pm</p>	<p>Session 1 Evaluation – Sli-Do</p>	
<p>12:10 pm</p>	<p>Lunch</p>	
<p>1:00 pm</p>	<p>Where are we at and where are we heading? – Virtual Care Donna Parks Virtual Care Manager, Agency of Clinical Innovation</p> <p>Nicole Favaloro Project Officer, Virtual Care, Agency of Clinical Innovation</p>	<p>This session will cover what ACI has done to support the broader system to engage, build their networks and their capacity to support the delivery of safe, patient centred care.</p> <p>We will also present the work that we have commenced in partnership with the AH&MRC to learn more about virtual care within Aboriginal Community Controlled Health Services and what our journey may look like as partners in care.</p>
<p>1:30 pm</p>	<p>Health Promotion Using Digital Technologies – BreastScreen NSW (Greater Western) Aboriginal Engagement during COVID-19 Christine Fing Aboriginal Engagement Officer, BreastScreen NSW (Greater Western)</p>	<p>With the onset of the COVID-10 pandemic, the BreastScreen NSW Program and BreastScreen NSW (Greater Western) Aboriginal Engagement Program were temporarily grounded for 7 weeks.</p> <p>The program had to adapt to deliver a virtual aspect of the Aboriginal Engagement Program to deliver routine breast screening to rural and remote areas of NSW.</p>

1:50 pm	<p>A Revolutionary Way of Managing Chronic Disease in Primary Care: Virtual Share Health Appointments and Social Outreach Support Kate Wood Dietitian – Care Coordinator, Hunter Primary Health Care</p>	<p>Shared Health Appointments is a 7-week group support lifestyle intervention program focused on positive lifestyle changes, delivered by allied health professional.</p>
2:10 pm	<p>Caring for Spirit: Dementia Online Learning Resources Lauren Poulos Project Co-Coordinator, The Aboriginal Health and Aging Program, Neuroscience Research Australia (NeuRA)</p> <p>Sharon Wall Aboriginal Health and Aging, Neuroscience Research Australia (NeuRA)</p>	<p>Caring for Spirit is a purpose designed suite of online resources readily accessible to a wide and diverse Aboriginal and Torres Strait Islander audience.</p> <p>It aims to provide a template for the ongoing sharing education and training for Aboriginal and Torres Strait Islander care workers and family and friends of people living with dementia using online modalities and methodologies.</p>
2:30 pm	<p>Ngarraanga Giinganay ('Thinking Peacefully') Dr Louise Lavrencic Neuroscience Research Australia (NeuRA)</p> <p>Terry Donovan Knowledge Translation Officer, Koori Growing Old Well Study, Neuroscience Research Australia (NeuRA)</p>	<p>A pilot trial of a co-designed culturally grounded mindfulness program that demonstrates feasibility and acceptability. The program highlights Aboriginal cultural as a critical aspect required for healing and promoting the wellbeing of Aboriginal peoples.</p>
2:50 pm	<p>Session 2 Evaluation</p>	<p>Sli-Do</p>
3:00 pm	<p>Close of Day 1</p>	

Please see page 6 for more details on presenters.

Day 2: Wednesday 9 June 2021 – Zoom

10:00 am	Acknowledgement of Country	
10:05 am	Masters of Ceremonies	
10:10 am	<p>Karl Briscoe Chief Executive Officer, National Association of Aboriginal and Torres Strait Islander Health Workers and Practitioners (NAATSIHWP)</p>	
10:40 am	<p>Showcase Newly Developed Renal Videos Kiel Hennessey Aboriginal Chronic Conditions Network Manager, Agency of Clinical Innovation</p>	<p>Collaborative partnership between local Aboriginal community member, South Western Sydney Local Health District, Renal Health Network and Aboriginal Chronic Conditions Network at ACI have developed a series of Renal Health videos.</p> <p>Videos focus on racism, mistrust of health, process to gain trust, identification, treatment and management of chronic kidney disease.</p> <p>These videos are a resource for the NSW Health system and abroad, with the aim to;</p> <ul style="list-style-type: none"> • Empower community members and provide education of chronic Kidney Disease • Support workforce cultural capability development
11:00 am	<p>Health Status and Health Service Use of Urban Aboriginal Children Lola Callaghan Senior Aboriginal Health Worker, South East Sydney</p> <p>Georgia Harding Final Year Medical Student, UNSW</p>	<p>The research of 'Health Status and Health Service Use of Urban Aboriginal Children' describes an innovative model of care that supports Aboriginal children of which, (73%) are diagnosed with a chronic condition.</p> <p>The paper identifies key learnings in the deliverance of health care in urban centres as well as identifies conditions which contribute to much of the disparity between Aboriginal and non-Aboriginal children.</p>
11:20 am	<p>Co-development and Engagement for iSISTAQUIT Digital Interventions Dr Ratika Kumar Research Associate, iSISTAQUIT, University of Newcastle</p> <p>Allison Hart</p>	<p>This research describes the process of community engagement through advisory panels and professional designed and executed social media campaign to co-develop digital interventions, which aim to provide smoking cessation training to health providers who care for pregnant Aboriginal women.</p>

	Aboriginal Research Assistant and Cultural Liaison, iSISTAQUIT	
11:40 am	<p>Adapting Feltman and Feltmum Facilitator Training Online Delivery</p> <p>Sue Leahy Register Nurse and Diabetes Educator, Diabetes NSW & ACT</p>	<p>The National Diabetes Services Scheme (NDSS) funded Feltman/Feltmum training for health professional working with Aboriginal and Torres Strait Islander communities is initially designed for deliver as a 4-hour face-to-face session, usually delivered onsite at a health service, which local services invite to attend.</p> <p>During COVID-19, Diabetes NSW & ACT had to adjust their model care to incorporate a virtual learning space for services.</p>
12:00 pm	Session 3 Evaluation	Sli-do
12:10 pm	Masters of Ceremonies	Closing Remarks
12:20	Close of Day 2	

Bio of presenters

Kim Whitely – Chair Aboriginal Chronic Conditions Network Co-Chair,

A proud Aboriginal woman born in Wellington NSW, Kim has cultural links to Warramunga people of the Bogan River, Wiradjuri country.

Kim Whiteley is well known for her work with Aboriginal people and communities, her connection and understanding of country and culture and, her longstanding dedication to assist Aboriginal people and communities achieve their aspirations and progress with confidence through a reputation of collaboration and vision.

Kim has a mixed portfolio career across the breadth of Aboriginal Affairs in areas of Health, Education, Justice and now Land Rights. For 30+ years she has worked to ensure Aboriginal cultural perspectives are embedded into Policy and included within Strategy for Service Delivery. She is both personally and professionally committed to achieve measurable improvement in outcomes for Aboriginal people and close the gap most especially in Aboriginal disadvantage.

Kim has various professional and tertiary qualifications along with diverse cultural learning. She is the inaugural and current Co-chair of ACIs' Aboriginal Chronic Conditions Network, is an executive committee member of several other Aboriginal groups and is the Director for Western Zone, NSW Aboriginal Lands Council.

Dr Jean-Frédéric Levesque - Chief Executive, Agency of Clinical Innovation

Dr Jean-Frédéric Levesque joined the NSW Agency for Clinical Innovation as Chief Executive in June 2017. He was previously Chief Executive of the Bureau of Health Information between 2013 and 2017. Jean-Frédéric brings to the ACI leadership in healthcare system analysis and improvement, combining experience in clinical practice in refugee health and tropical medicine, in clinical governance and in academic research. He is an Adjunct Professor at the Centre for Primary Health Care and Equity at the University of New South Wales.

Jean-Frédéric has a Medical Degree, a Masters in Community Health and a Doctorate in Public Health from the Université de Montréal, Canada. He is a Fellow of the Royal College of Physicians of Canada in Preventive Medicine and Public Health. He is a member of the Strategic Analytic Advisory Committee of the Canadian Institute of Health Information and a member of the HealthShare NSW Board.

Prior to joining NSW Health, Jean-Frédéric held senior positions responsible for publicly reporting information about the Canadian health system at the Institute National de Santé Publique du Québec and the Commissaire a la santé et au bien-etre du Québec and he was a Visiting Academic at the University of Melbourne.

Robert Skeen – Chief Executive Officer, Aboriginal Health & Medical Research Council

Robert Skeen has tradition ties to the Gubbi Gubbi of the QLD Sunshine Coast, Mununiarli of South East QLD, and Waayi of North West QLD. He has worked in the Government and Aboriginal Community Controlled Health Organisations Sector (ACCHO) for almost 25 years. 15 of those years he led an organisation and sat on Governance Committees, in the North Territory, Queensland and New South Wales. Robert was CEO of Aboriginal Medical Services (AMS) in these three (3) states a total of 7 times.

He was a member of the AH&MRC Human Research Ethics Committee (HREC), one of only 3 of its kind in Australia, and was also a member of the NSW Working Party for the National Aboriginal Community Controlled Health Organisation (NACCHO) constitution reform.

Robert has extensive experience through his roles as an Executive Leader and Board Member of Aboriginal Corporations and Companies and State Peak Bodies.

His key skills and abilities brought to Senior Executive and Board Governance roles are

- Strategic leadership and direction,
- Strategic planning and evaluation,
- Using change management principles to develop a smart and healthy organisation,
- Developing and mentoring workforce

Robert has developed into a Strong Leader who has a proven track record of high-level Leadership, Change Management, and Innovation. His focus as a CEO now, is to use his talents to rebuild Organisations from the ground up. Ensuring the Organisation is viewed by all stakeholders as a viable business, has collective accountabilities at the operational and governance level and is both healthy and smart.

Our Organisations have a broad range of Health and Wellbeing Services including GP, Dental and Allied Health, Child Protection, Aged Care, Social and Emotional Wellbeing and other Social Health Programs. These are delivered on the frontline to the most disadvantaged. The AH&MRC is continuing to show leadership at the State and National level and work with our Members. Strengthening key partnerships along the way, to ensure our Aboriginal and Torres Strait Islander People have the best possible level of Care regardless of where they live.

Karl Briscoe – Chief Executive Officer, National Association of Aboriginal and Torres Strait Islander Health Workers and Practitioners (NAATSIHWP)

Karl Briscoe is a proud Kuku Yalanji man from Mossman – Daintree area of Far North Queensland. Karl is the CEO of the National Association of Aboriginal and Torres Strait Islander Health Workers and Practitioners (NAATSIHWP).

Karl has worked for over 18 years in the health sector at various levels of government and non-government including local, state and national levels which has enabled him to form a vast strategic network across Australia.

Donna Parkes – Virtual Care Manager, Agency of Clinical Innovation

Donna is the Virtual Care Manager at ACI and has been leading the virtual care initiatives for ACI for the past 3.5 years. Donna has an impressive 18 years in health spanning across both govt and non-government sectors and has been integrating technology as the enabling tool for a significant number of services since 2008. Please welcome Donna as she joins us to share with us where virtual care is today.

Nicole Favalaro – Project Officer, Virtual Care, Agency of Clinical Innovation

Nicole is the project officer within the myVirtualCare team at the Agency for Clinical Innovation and has been focusing on the rollout of the myVC platform for the use of virtual care. Working for the Rural Doctors Network within the outreach team for four years, Nicole has worked closely with the ACCHS to support the provision of affordable, accessible and culturally safe health care services. At the end of 2020, Nicole moved to ACI to join the Virtual Care Team, where she uses this experience and knowledge to enhance the provision of health care through the use of virtual care.

Joanne Peak – Nurse Unit Manager, Adelaide Women’s Prison (AWP) & Pre Release Centre, Centre Adelaide Health Network

Joanne coordinates the provision of care to approximately 200 women and 60 pre-release males. Joanne also provides antenatal care in collaboration with tertiary hospitals and Aboriginal Birthing program to women who are pregnant at AWP. Joanne leads a team of nursing staff who each have a role to manage complex health conditions such as diabetes, mental health, polysubstance abuse, asthma, Hepatitis, HIV and cardiac.

The team also have a strong focus on health promotion, wellness and preventative health screening initiatives. Joanne has a strong interest in parenting and has been involved in research project on the development of a sustainable parenting program to be implemented at AWP. Recent projects include working with RAH to provide in reach cardiac services for Aboriginal Women who often have poor health and poor compliance.

Kate Tyrell – Aboriginal Health Nurse Consultant, Cardiology Centre Adelaide Health Network

Kate worked in Country Health SA for over a decade in ICU and later as a renal dialysis RN. In 2018 Kate moved to the RAH to set up an Aboriginal Health service for clients in the Cardiology program. Working alongside the Aboriginal & Torres Strait Islander Health & Wellbeing Hub staff, the service aims to ensure that every Aboriginal & Torres Strait Islander client receives culturally appropriate care.

Keona Wilson - Project Manager, TRGS 3 Aboriginal Healthy Hearts Feasibility Study

Keona is a descendant of the Bidjara people, she lives and works on the lands of the Dharawal and Yuin nations on the south coast of New South Wales. Keona is the project manager of the Translational Research Grant Scheme Round 3 (TRGS 3) Aboriginal Healthy Hearts Feasibility Study.

Keona trained as a speech pathologist at University of Sydney and has worked in various clinical and leadership positions in NSW Health. Keona is committed to challenging health care providers to review their services and adopt culturally inclusive practices so all First Nations people receive culturally responsive healthcare.

Darcelle Douglas – Research Assistance, TRGS 3 Aboriginal Healthy Hearts Feasibility Study

Darcelle is a descendent of Bindjal people with connections to the Torres Strait Islands. Darcelle is currently enrolled in a PhD in Nursing (Thesis domain: Dementia and Indigenous Australians) at the University of Wollongong.

Darcelle has a longstanding interest in aged care, particularly dementia from an Indigenous perspective, by engaging with Indigenous people with dementia using dance to explore the different facets of wellbeing. Darcelle has previously worked on many projects including Global Challenges – Caring for Community and is currently working on the Aboriginal Healthy Hearts project.

David Edwards – Co-Director, Wellmob: e-Mental Health in Practice, University Centre for Rural Health, University of Sydney

David Edwards is a Worimi man with ancestral connections to the gamipinal people from around Karuah. David grew up in Turrbal/Jagera country and now lives in Widjabul Wia-bul country.

David works part time at the University for Rural Health in Lismore NSW as the co-director of the WellMob website project which he and Talah will talk about which is part of the national e-Mental Health in Practice project. David also runs a part time consultancy business working with community on health promotion, environmental and cultural projects embedding healthy community, culture and country principles into community led initiatives.

Talah Laurie – Promotions and Social Media Lead, University of Centre for Rural Health

Talah Laurie is a proud Gumbaynggirr/Yaegl woman with ancestral connections to the broader Biripi Country. Talah grew up and continues to live on beautiful Cudgenburra Country.

Talah works part time at the University for Rural Health in Lismore NSW as the creative lead in the WellMob website's Promotions and Social Media. Talah more broadly aspires to remain in health promotion and health systems research and pave ways in culturally empowering and unique data translation and data dissemination.

Christine Fing – Aboriginal Engagement Officer, BreastScreen NSW (Greater Western)

Christine is a Kamilaroi woman from Moree who has been working at BreastScreen NSW for the past 5 years. Christine's passion is to ensure women have better awareness of the preventive measures involved with the screening process of breast cancer, due to losing her sister to the disease in 2016.

Kate Wood, Dietitian, Care Coordination, Hunter Primary Care

Kate is a passionate and friendly member of the Hunter Primary Care team. She has been a Dietitian and Nutritionist for 15 years and holds a Bachelor Degree in Nutrition and Dietetics from The University of Newcastle. Kate holds additional qualifications in Training and Assessment.

Kate has experience consulting adults, adolescents and families in both individual and group settings, for a range of acute and chronic conditions. Kate's current role is with Hunter Primary Care where for 5½ years she has worked as Care Coordinator and Dietitian.

As Care Coordinator, Kate provides support to Aboriginal and Torres Strait Islander clients who have complex chronic health conditions. Kate also provides support to NDIS participants, working with the participant to assess their current nutritional status and create individualised nutrition plans. She also provides nutrition education, skills and support to participants and their families and carers.

Kate recently contributed to the design and implementation of Yantiin Kalabara, a health promotion initiative targeted to Aboriginal and Torres-Strait Islander primary school-aged children. Kate is a mum to two primary school aged daughters, she understands first-hand the challenges parents face on a daily basis when feeding children and balancing work and life with family meal times.

Kate is passionate about simplifying healthy eating messages to clients and promoting nutrition interventions that will benefit a household, overall Kate enjoys helping clients nurture a positive relationship with food and eating.

Lauren Poulos – Project Co-Coordinator, The Aboriginal Health and Aging Program, Neuroscience Research Australia (NeuRA)

Lauren Poulos is a Biripi woman from NSW, with over 17 years' project management experience in the Finance Services, and Not-for-Profit Industry. Her career began with an Indigenous Cadetship with AMP where she progressed to a Business Systems Analyst role once she completed her Bachelor of Information Systems at the University of Newcastle.

Lauren has brought this breadth of experience to her current role at Neuroscience Research Australia (NeuRA), where she works as a Project Co-ordinator. Lauren worked as a project coordinator on the Caring for Spirit project funded by the Australian Government Department of Health's Dementia and Aged Care Services (DACs). Lauren was a 2020 Lowitja Institute Scholarship recipient, which enabled

her to further her studies through a Graduate Certificate Project Management at RMIT. This was a valuable opportunity for Lauren to learn and expand her skillset in Project Management.

Sharon Wall, Aboriginal Health and Ageing, Neuroscience Research Australia (NeuRA)

Sharon has a history of over 40 years working in the area of ageing at the interface of education and training, clinical practice and research. She has over this time, developed special interests in caring for those living with dementia, as well end of life issues and end of life decision making for older people, and is published in these areas. She has authored several books, book chapters and educational resources particularly focusing on dementia and other challenges and inequities of ageing.

Sharon has worked as part of the Aboriginal Health and Ageing team at NeuRA for a decade at the interface of translating research undertaken into practical resources and outcomes for Aboriginal communities. She is currently the Translation Research Manager working across several Aboriginal Health and Ageing projects.

Dr Louise Lavrencic, Neuroscience Research Australia (NeuRA)

Dr Lavrencic completed her PhD at the University of South Australia in 2018 and her research interests fall within the fields of ageing and Aboriginal health. Louise is passionate about understanding the factors that affect cognitive ageing and dementia in late life, and how we can help people to age well.

Since 2017, she has worked with Aboriginal communities in New South Wales across research and knowledge translation projects. Her research has contributed to understanding the factors associated with quality of life and dementia in Aboriginal communities.

Terry Donovan, Knowledge Translation Officer, Koori Growing Old Well Study, Neuroscience Research Australia (NeuRA)

Terry identifies as a Gumbaynggirr / Biripi man. His father was a Gumbaynggirr man and his mother a Biripi woman. Terry has had a diverse career, from military service, working in local government and non-for-profit community services to providing education to health professionals on Aboriginal Cultural awareness.

Additionally, Terry worked with the National Parks & Wildlife Service of NSW as one of 3 Aboriginal Sites Officers. Terry is a much-valued member of the Koori Growing Old Well Study team on the Mid North Coast and is employed as a Knowledge Translation Officer.

Kiel Hennessey, Aboriginal Chronic Condition Network Manager, Agency of Clinical Innovation

Kiel Hennessey is a proud Aboriginal man, who's people descend from the Warrie-Gah peoples of the Wiradjuri Nation. Over the past 17 years, Kiel has worked across government, non-government and university sectors in the fields of social services, education and health. Kiel currently leads the Aboriginal Chronic Conditions Network at the Agency for Clinical Innovation.

Throughout these sectors, Kiel has gained a wealth of expertise working in collaborative relationships, leadership, policy, management, public administration and social work counselling practices.

Kiel has completed a degree in Social Work, Masters of Indigenous Studies, Executive Masters of Public Administration, Advanced Diploma of Management, Certificate IV in Training and Assessment and Aboriginal Mentoring because of his lived experience and passion for social justice.

Kiel holds core values of respect, trust, integrity, self-determination, reciprocal relationships, informed decision making and strength based approaches.

Lola Callaghan, Senior Aboriginal Health Worker, Child and Family Health Nursing, South East Sydney Local Health District

Lola is Dharawal woman from the La Perouse Aboriginal Community on the shores of Botany Bay. She has lived and worked in the La Perouse area her entire life. Lola works as Senior Aboriginal Health Worker for the Child and Family Team SESLHD and has been in her current role for 17 years.

Lola has great knowledge and experience of working with her community for many years in various roles. In her position, Lola works with health professions from the SCHN Randwick and a full-time Child & Family Nurse. The team works predominantly with Aboriginal families who have children from 0-5 years of age.

Georgia Harding, Medical Student, University of New South Wales

Georgia Harding is a final year medical student at UNSW with a particular interest in paediatrics and vulnerable populations. She complete her paper in collaboration with Natasha Larter, Aboriginal Public Health Trainee at Sydney Children's Hospitals Network, Lola Ryan, Aboriginal Health Workers, A/Prof Sue Woolfended, Pro Raghu LIngham, Pro Karen Zwi, Dr Nan Hu, Dr Alicia Montgomery at UNSW and the rest of the Community Child Health team at SCHN, whilst also working at the Ngala Nanga Mai parent group.

Dr Ratika Kumar, Associate Professor, iSISTAQUIT, University of Newcastle

Ratika Kumar is an early career researcher who completed her PhD in 2018 from the University of Queensland. Her focus of research is tobacco cessation in priority populations. She has worked on SISTAQUIT and iSISTAQUIT studies and is currently engaged in developing the evaluation plan for iSISTAQUIT social media campaign.

Allison Hard, Aboriginal Research Assistant and Cultural Liaison, iSISTAQUIT, University of Newcastle

Allison Hart is the Aboriginal Research Assistant and Cultural Liaison with the iSISTAQUIT study and is based at Coffs harbour. Allison engages with the health services to get them onboard iSISTAQUIT and has developed a unique relationship with Aboriginal and Torres Strait islander and non-Aboriginal staff at the medical services, community Elders and pregnant women using culturally safe practices.

Sue Leahy, Register Nurse and Credentialed Diabetes Educator, Diabetes NSW & ACT

Sue Leahy is a Registered Nurse and Credentialed Diabetes Educator at Diabetes NSW & ACT, based in Port Macquarie on the mid north coast. Sue has 20 years' experience helping people living with diabetes and prior to this, 9 years' experience in critical care nursing. Sue has been working at Diabetes NSW & ACT for 10 years and holds a Cert IV in Training and Assessment.

Sue has a strong interest in providing Indigenous education programs for Aboriginal and Torres Strait Islander people to ensure they have access to effective, comprehensive and culturally appropriate information. She also has an interest in children and their families living with type 1 diabetes.

Sue is subject matter expert for Circle magazine and regularly contributes to national articles. She has developed numerous Health Professional and diabetes education programs, including online programs such as Living with Insulin.