

# Trial of void (TOV) – suprapubic catheter (SPC)

## Patient instructions



### What is a trial of void?

A trial of void is a test to see whether your bladder has returned to normal so your urinary catheter can be removed permanently.

### What does it involve

1.		If the catheter is attached to a bag, the bag will be removed and the nurse will attach a catheter valve to allow the bladder to fill. The nurse will document the time the catheter valve is connected on the chart.
2.		You will be encouraged to drink approximately 250mL hour over a period of 4-6 hours capped at 1200mL (unless contraindicated) and asked to record all fluid intake on the chart.
3.		If you experience an urge, have a desire to void or become uncomfortable, attempt to pass urine normally. Immediately after passing urine normally, release the valve and drain the bladder. Measure and record all urine volumes on the chart.
4.		The nurse will review the volume of urine passed normally and the volume drained via the catheter and will decide whether to continue with the valve overnight or reconnect to the bag.
5.		The doctor normally requires this to be repeated over several days.
6.		The nurse will follow the medical instructions for either a repeat trial of void at a later date, or removal of the SPC if authorised, and inform your doctor of the outcome.
7.		If the SPC is to be removed, the nurse will provide advice on care of the site.



### ALERT

If at any time you are unable to pass urine, you should release your valve and discuss with your nurse.