# Introducing the Be Pain Smart Clinic

The Agency for Clinical Innovation has developed an integrated chronic pain consultative clinic for people with a spinal cord injury or moderate to severe brain injury and chronic pain – the Be Pain Smart Clinic.\*



### The Be Pain Smart Clinic will provide:

- A multi-disciplinary pain clinic, staffed by clinicians (doctors, physiotherapist and psychologist) with a specialised background in pain management working together with brain injury or spinal cord injury specialist teams
- A multi-disciplinary pain assessment and management plans for people with chronic pain following a spinal cord injury and/or a moderate to severe traumatic brain injury.
- Consultation and liaison with local GPs, allied health providers and case managers
- The clinic will rotate locations (1 day/week) across the adult Sydney metropolitan and regional TBI and SCI units and provide tele-health combined with site visits to those in rural NSW
- The pain team will provide ad-hoc mentoring and support to NSW clinicians as required.

For more information about the Be Pain Smart Clinic contact: **Regina Schultz**, Clinic Manager – call 0409 716 387 or email regina.schultz@health.nsw.gov.au

\* This project is funded by icare

#### The children's service is located at:

Children's Hospital Westmead Corner Hawkesbury Road and Hainsworth Street, Westmead

#### The adult service is located at:

Royal Rehab 235 Morrison Road Ryde

#### The service is available for:

Public, NDIS, compensable and Lifetime Care and Support people across NSW who have pain and a spinal cord injury or brain injury.

## Telehealth consultations are available for:

Rural and remote people or upon request.



