

10 things we believe about good health services for people with intellectual disability

- ★ Good health services are for everyone, including people with intellectual disability
- ★ Health services make sure that people with intellectual disability and their carers feel included.
- ★ People with intellectual disability and their carers can have a say in how health services and other services can best work together
- ★ People are all different. Health services aim to provide a service that people with intellectual disability and their carers are pleased with
- ★ Health services will help people with intellectual disability find out what health problems they have and how to make their health better.
- ★ Health services understand a job, education, housing and money can affect health
- ★ People who work in health services know about working with people with intellectual disability and their carers. They can get extra help if they need it so they can do their job better.
- ★ Some health workers know a lot about people with intellectual disability. They can help the other workers. They all work together so people with intellectual disability are as healthy as they can be.
- ★ Health services work with other services like schools, workplaces and housing to help people with intellectual disability have better health
- ★ Health services collect information about what services people use and if they do a good job. They will use the information to try to do a better job.

This was adapted from the Ten Principles of Quality Health Service for People with Intellectual Disability. It was a joint effort by members of the intellectual disability health network. (2017). Health services include dental and mental health services.