

Summary of Revisions to the NSW Epidural Analgesia chart (adult) 2017

The NSW Epidural Analgesia chart (adult) has been revised. For detailed information regarding prescribing and management, refer to your local hospital Epidural policy or procedure.

Management Guidelines / Adverse effects / Yellow Red Zone Response Page 1

- Yellow and Red Zone response instructions moved from back page to page 1
- Revised statement 'Not for use in labour'
- Adverse effects statement added:
 - Anti-histamines for pruritus are generally ineffective and may contribute to sedation.
- Additional criteria for Yellow and Red Zone related to local anaesthetic toxicity added.

<p>YELLOW ZONE RESPONSE</p> <p>IF YOUR PATIENT HAS ANY YELLOW ZONE OBSERVATIONS OR additional criteria* YOU MUST FOLLOW THE YELLOW ZONE RESPONSE INSTRUCTIONS ON THE NSW STANDARD OBSERVATION CHARTS AND INITIATE APPROPRIATE CLINICAL CARE AS STATED ABOVE</p> <p>*Additional YELLOW ZONE Criteria for Local Anesthetic Toxicity</p> <ul style="list-style-type: none"> • Numbness and tingling around the mouth and tongue • Metallic taste, tinnitus and dizziness
<p>RED ZONE RESPONSE</p> <p>IF YOUR PATIENT HAS ANY RED ZONE OBSERVATIONS YOU MUST CALL FOR A RAPID RESPONSE (as per local CERS), FOLLOW THE RED ZONE RESPONSE INSTRUCTIONS ON THE NSW STANDARD OBSERVATION CHARTS AND INITIATE APPROPRIATE CLINICAL CARE AS STATED ABOVE</p> <p>*Additional RED ZONE Criteria for Local Anesthetic Toxicity</p> <ul style="list-style-type: none"> • Muscular twitching • Convulsion • Cardiovascular collapse

Prescription Page 2

Prescription for PIEB+PCEA combined. Additional row for alterations added.

PIEB (Programmed intermittent epidural bolus) OR

PIEB + PCEA (Programmed intermittent epidural bolus + Patient controlled epidural analgesia)

Date	Time	PIEB Dose (mL)	PIEB dose range (mL)	PIEB interval (hours or minutes)	PIEB interval range (mL)	PCEA dose (mL) (if applicable)	PCEA lockout (minutes) (if applicable)	Hourly limit (mL)	Delay time till first bolus (hours or minutes)
				Hours Minutes					Hours Minutes
Prescriber's signature					Print your name				
				Hours Minutes					Hours Minutes
Prescriber's signature					Print your name				

