



Spinal Seating Professional Development Project Assessment Form AF2.3: Basic MAT Assessment

	POST	URE IN CURRENT S	SEATING SYSTEM	
ASSESSI	MENT FOR:		DATE:	Problems /Comments
	Tilt (Side View)	Obliquity (Frontal View)	Rotation (Top View)	
Pelvis	Neutral Posterior Anterior	Neutral Left Lower Right Lower	Neutral Left Right Forward Forward	
	Anterior / Posterior	Lowered by: Scoliosis (Frontal View)	Rotation (Top View)	
	Anterior / Posterior	Scollosis (Frontal View)	Hotation (Top View)	
Trunk	Neutral Thoracic Lumbar Kyphosis Lordosis	Neutral Convex Convex Left Right	Neutral Left Right Forward Forward	
	Lumbar C-Curve Flattening	Apex at:		
	Thigh to Trunk Angle	Position (Frontal View)	Windswept (Frontal View)	Angles
Hips	Left: Right: Degrees Degrees	Neutral ABduct ⁿ ADduct ⁿ L/R L/R External Rotation: L/R Internal Rotation: L/R	□ □ □ Neutral Left Right	Thigh-Trunk Thigh-Lower Leg Lower Leg-Foot
	Thigh-Lower Leg Angle	Lower Leg- Foot Angle	Foot Position	Thigh-Trunk
Knees and Feet	Left: Right: Degrees Degrees	Left: Right:	Left: Right: □Neutral □Neutral □Inversion □Inversion □Eversion □Eversion	Thigh-Lower Leg Lower Leg-Foot
	Cervical Curve (Side View)	Neck Position (Frontal View)	Control	
Head and Neck	□ Neutral □ Flexion □ Extension □ Cervical Hyperextension (Chin poke)	☐ Midline ☐ Lateral Flexion: L / R ☐ Rotation: L / R	☐ Independent Head Control and Full ROM ☐ Restricted Head Control ☐ Restricted ROM ☐ Absent Head Control	
<u> </u>	Shoulder positioning	Elbow and Forearm Position	Wrist and Handgrip	
Upper Limbs	Level Asymmetry	Arm Support No Support		

Summary / Comments:

Consent Obtained
☐ Photo Taken





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		SUPINE MAT ASS	SESSMENT	
ASSESSI	MENT FOR:		DATE:	Problems /Comments
	Tilt	Obliquity	Rotation	
S				
Pelvis	Neutral Posterior Anterior Fixed Flexible Corrects with Effort	Neutral Left Right Lower Lower Lowered by:	Neutral Left Right Forward Forward Fixed Flexible Corrects with Effort	
	(to neutral / partial correction)	Flexible Corrects with Effort (to neutral / partial correction)	(to neutral / partial correction)	
	Anterior / Posterior	Scoliosis	Rotation	
		L R		
Trunk	Neutral Thoracic Lumbar Kyphosis Lordosis	Neutral Convex Convex Left Right	Neutral Left Right Forward Forward	
	Lumbar C-Curve Flattening Fixed Flexible Corrects with Effort (to neutral / partial correction)	Apex at: Fixed Flexible Corrects with Effort (to neutral / partial correction)	Forwarded by : Fixed Flexible Corrects with Effort (to neutral / partial correction)	
	Angles	Range of Motion O	R Reported Observations	Left: Lower Leg-Foot:
Se	Trunk-Thigh Angle: Flex hip to 90° or a lesser angle till ASIS rolls / pelvic tilts	Left Right Normal ROM Simulate 0° - 90°	Fixed / Flexible / Corrects with Effort, Tone /Spasm that may impact on seating posture:	Thigh-Lower Leg
Lower Extremities	Thigh-Low Leg Angle: With hip flex n at 90° or the trunk to thigh angle, extend knee from flexion till pelvis tilt / ASIS rolls.	30° - 180°		Thigh-Trunk
E H	Lower Leg-Foot Angle:	30° - 135°		Right: Lower Leg-Foot Thigh-Lower Leg
Low	Hip Abduction / Adduction:		Foot Inversion / Eversion:	Thigh Zonot Zog
				Thigh-Trunk
ъ	Cervical Curve	Lateral Flexion	Rotation	
Head and Neck	Resting Posture	Resting posture:	Resting posture:	
ead an Neck	Neutral	□ Neutral □ Left □ Right	□ Neutral □ Left □ Right	
¥	☐ Cervical Flexion☐ Cervical Hyperextension	☐ Fixed ☐ Flexible ☐ Corrects with Effort	Fixed Flexible Corrects with Effort	
- 0	Shoulder PROM	Elbow and Forearm PROM	Wrist and Hand	
Upper Limbs	Level Asymmetry		Description:	

Summary / Comments:

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SITTING MAT ASSESSMENT										
ASSESSI	MENT FOR	₹:				DATE:			SIMULATION & OUTCOME:	
Balance	: ∐На	nds- free	sitter	Hands	s dependa	nt sitter	*Dependant sitter* (* for advance clinician /specialist of			(Describe direction and location of forces applied)
	Ti	It (Side Vie	ew)	Obliqu	iity (Frontai	View)	Rota	Rotation (Top view)		Accommodations / Corrections:
Pelvis	B	55	13							Outcomes:
P.	☐ Neutral	Posterior	Anterior	Neutral Lower by:	Left Lower	☐ Right Lower	☐ Neutral	Left Forward	Right Forward	
	Ante	erior / Post	erior		sis (Frontal	l View)	Rota	ation (Top	view)	Accommodations / Corrections:
Trunk	□ Neutral	Thoracic Kyphosis	Lumbar Lordosis	□ Neutral	Convex	Convex Right	□ Neutral	Left Forward	Right Forward	Outcomes:
	☐Fixed ☐Correc	cts with Effor	Flexible t		with Effort	exible				
	(to neutral / partial correction) (to neutral / partial correction) Initial Sitting Angles Position (Frontal View)		Windswept (Frontal View)			Simulated Sitting Angles:				
Lower Extremities			Thigh-Trunk n-Lower Leg	Neutral Extern	ABduct ⁿ L / R al Rotation:	ADduct ⁿ L/R L/R	Neutral	Left	Right	Thigh-Trunk Thigh-Lower Leg Outcomes:
	Cervica	l Curve (Si	de View)	Neck Po	sition (Fron	tal View)		Control		Accommodations / Corrections:
Head and Neck										Outcomes:
	Shoulder Positioning		Elbow and Forearm Position		Hand and Wrist Positioning			Accommodations /Corrections:		
Upper Limbs	☐ Leve Describe:	el 🗌 As	symmetry	Describe:			Describe:			Outcomes:

Summary / Comments:

Consent Obtained Photo Taken
