

Palliative Care Crisis Pack

The palliative care crisis pack is to be used as a guide for the care of residents in the terminal phase of life. The medications are suggested drugs only and should be used under the supervision and direction of the patient's general practitioner or palliative care team.

Drug	Dose	Route	Frequency	Indication
Morphine	Variable	Subcut	PRN	Pain
Metoclopramide	10 mg	Subcut	4 hourly, PRN	Nausea
Haloperidol	0.5–1 mg	Subcut	2-4 hourly , PRN	Confusion restlessness Terminal delirium
Midazolam	2.5–5 mg	Subcut	hourly PRN	Acute agitation myoclonus
Clonazepam	0.5 mg (0.2 mL) drops	Sub-lingual	6 hourly PRN	Agitation convulsions
Glycopyrrolate	0.2–0.4 micrograms	Subcut	4–6 hourly, PRN	Conscious resident, for increased secretions
Hyoscine	0.4–0.8 micrograms	Subcut	2–4 hourly, PRN	Unconscious resident for increased secretions
Mouthcare		Oral mucosa, tongue and lips	4 hourly and PRN	Dry mouth

See also: [Palliative Care on HealthPathways \(http://hne.healthpathways.org.au/17434.htm\)](http://hne.healthpathways.org.au/17434.htm)

http://www.ecinsw.com.au/end_of_life