



# PROFESSIONAL DEVELOPMENT PROFILE: SELF-ASSESSMENT



## DETAILS:

Name:	Designation:
Commencement Date in ICU:	Date of Initial Staging:

## STAGING:

Initial Stage:			
1 <sup>st</sup> Review:	Date:	3 <sup>rd</sup> Review:	Date:
2 <sup>nd</sup> Review:	Date:	4 <sup>th</sup> Review:	Date:

## EDUCATION:

Post Graduate Qualification:	Year Completed:
Other Courses:	

## OTHER ACCOMPLISHMENTS:

(courses, presentations, seminars, acting roles, advanced skills)




Intensive Care Specific Skills	Very Confident	Confident	More experience and further development required	Know nothing about this
<b>Organisational Policies/Procedures</b>				
<i>Have a knowledge and awareness of how to access relevant documentation</i>				
<ul style="list-style-type: none"> <li>• Code of Conduct</li> </ul>				
<ul style="list-style-type: none"> <li>• Infection Control Policy</li> </ul>				
<ul style="list-style-type: none"> <li>• Emergency Procedures</li> </ul>				
<ul style="list-style-type: none"> <li>• Online Policies &amp; Procedures</li> </ul>				
<ul style="list-style-type: none"> <li>• Between the Flags</li> </ul>				
<ul style="list-style-type: none"> <li>• IIMS-Reporting Guidelines</li> </ul>				
<ul style="list-style-type: none"> <li>• PACE criteria</li> </ul>				
<ul style="list-style-type: none"> <li>• SAGO Chart</li> </ul>				
<b>Patient Assessment</b>				
<i>Able to conduct comprehensive and systematic nursing assessment and identify abnormal results and escalate appropriately</i>				
<ul style="list-style-type: none"> <li>• Primary Assessment (ABC)</li> </ul>				
<ul style="list-style-type: none"> <li>• Secondary ICU Physical Assessment</li> </ul>				
<ul style="list-style-type: none"> <li>• Pain assessment</li> </ul>				
<ul style="list-style-type: none"> <li>• Patient Observations</li> </ul>				
<ul style="list-style-type: none"> <li>• BGL</li> </ul>				
<ul style="list-style-type: none"> <li>• Falls risk assessment</li> </ul>				
<ul style="list-style-type: none"> <li>• Waterlow score</li> </ul>				
<ul style="list-style-type: none"> <li>• Wound assessment</li> </ul>				
<b>Identification &amp; Management of Deteriorating Patient/Medical Emergencies</b>				
<i>Able to identify, manage and document deteriorating patient and medical emergencies (including the appropriate process for escalating concerns/issues)</i>				
<ul style="list-style-type: none"> <li>• Patient safety handover checklist</li> </ul>				
<ul style="list-style-type: none"> <li>• Escalating Treatment</li> </ul>				
<ul style="list-style-type: none"> <li>• Nurse Assist/Emergency</li> </ul>				
<b>Analysis and interpretation of data</b>				
<i>Demonstrate awareness of normal assessment parameters and able to appropriately escalate when abnormal</i>				
<ul style="list-style-type: none"> <li>• Formal Blood Results</li> </ul>				
<ul style="list-style-type: none"> <li>• ABGs</li> </ul>				
<ul style="list-style-type: none"> <li>• CXR</li> </ul>				
<ul style="list-style-type: none"> <li>• Allied health reports and assessment</li> </ul>				
<ul style="list-style-type: none"> <li>• 12 Lead ECG</li> </ul>				
<ul style="list-style-type: none"> <li>• Urinalysis</li> </ul>				
<ul style="list-style-type: none"> <li>• Microbiology Results</li> </ul>				

<b>Intensive Care Specific Skills</b>	<b>Very Confident</b>	<b>Confident</b>	<b>More experience and further development required</b>	<b>Know nothing about this</b>
<b>Documentation</b>				
<i>Ability to accurately record in the following documents</i>				
• ICU Observation chart				
○ Medication Orders on ICU Chart				
○ General Observations				
○ Neuro Observations				
○ Fluid Input				
○ Drains and Fluid Loss				
○ Standard Shift Checks				
○ Waterlow Score				
○ Documenting Dialysis				
• ICU Medication Chart				
• Wound Management				
• Pressure Areas				
• Progress notes				
• Patient Property				
• Nursing Discharge Form				
<b>Medication Administration</b>				
<i>Are able to perform medication administration safely</i>				
• Oral				
• IVI				
• Central lines				
• PICC lines				
• PCAs				
• Pumps				
• Epidural				
• Insulin Dextrose infusion				
• Blood & Blood Products				
• S4/S8 drugs				
• SC/IMI				
• NGT				
• PEG				
• Intermittent Nebulisers				
• Continuous Nebulisers				
• Syrups				



Intensive Care Specific Skills	Very Confident	Confident	More experience and further development required	Know nothing about this
<b>Ongoing Care</b>				
<b>Respiratory</b>				
• Modes of ventilation				
o Blowover				
o High Flow nasal prongs				
o Drager CPAP				
o BIPAP				
o Pressure Support				
o Volume Support				
o Pressure Control				
o Volume Control				
o PRVC				
o SIMV				
o High Frequency Oscillator				
o Heliox				
o ECMO				
• Troubleshooting Ventilation				
• Suctioning with closed system				
• Assemble AMBU bag				
• Open bag & suction				
• Sampling from an Art line				
• Assessing an ABG				
• Assessing EtCO2 waveform				
<b>Cardiovascular</b>				
• Interpreting life threatening rhythms				
• Interpreting all ECGs				
• Assessing heart sounds				
• Arterial line Management				
• CVC Management				
• Interpreting CVP waveforms				
• Managing Inotropes				
• Defibrillation				
• Cardioversion				
• External Pacing				
• Transthoracic/ Transvenous pacing				
• Managing a PAC				
• Interpreting PAC waveform				
• Managing PiCCO				
• Managing IABP				

<b>Intensive Care Specific Skills</b>	<b>Very Confident</b>	<b>Confident</b>	<b>More experience and further development required</b>	<b>Know nothing about this</b>
<b>Neurological</b>				
• Managing Sedation				
• Managing NMBAs				
• Performing GCS				
• Managing ICPs				
• Managing an EVD				
• Interpreting ICP waveform				
• Preventing Secondary Brain Injury				
• Utilisation of Active Cooling				
<b>Gastro-intestinal</b>				
• Managing NGT/OGT/PEG				
• Managing insulin therapy				
• Performing IAPs				
<b>Genito-urinary</b>				
• IDC Insertion				
• Managing CRRT				
• Managing Intermittent RRT				
• Managing CAPD				
• Troubleshooting Therapies				
• Bladder Scanner				
<b>Continuity of Care</b>				
<i>Are able to plan holistic patient care utilising the relevant members of the health team</i>				
• Patient admission/discharge/transfer				
• Adapt management based on patients needs				
• Referral to allied health services				
• Discharge planning				
• Patient/Carer education				
<b>Workload Priority</b>				
<i>How to</i>				
• Manage time effectively				
• Prioritise activities and respond to changing environment				
• Communicate changes in patient condition				
<i>Supervision &amp; delegation of roles/duties</i>				
• Students				
• Mentorees				



