

# PCS-C

## Thoughts and feelings during pain

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We are interested in what you think and how strong the feelings are when you are in pain. Below are 13 sentences of different thoughts and feelings you can have when you are in pain. Try to show us as clearly as possible what you think and feel by putting a circle around the word under each sentence that best reflects how strongly you have each thought..

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1. When I am in pain, I worry all the time about whether the pain will end.  
NOT AT ALL            MILDLY            MODERATELY            SEVERELY            EXTREMELY
2. When I am in pain, I feel I can't go on like this much longer.  
NOT AT ALL            MILDLY            MODERATELY            SEVERELY            EXTREMELY
3. When I am in pain, it's terrible and I think it's never going to get better.  
NOT AT ALL            MILDLY            MODERATELY            SEVERELY            EXTREMELY
4. When I am in pain, it's awful and I feel that it takes over me  
NOT AT ALL            MILDLY            MODERATELY            SEVERELY            EXTREMELY
5. When I am in pain, I can't stand it anymore  
NOT AT ALL            MILDLY            MODERATELY            SEVERELY            EXTREMELY
6. When I am in pain, I become afraid that the pain will get worse  
NOT AT ALL            MILDLY            MODERATELY            SEVERELY            EXTREMELY
7. When I am in pain, I keep thinking of other painful events  
NOT AT ALL            MILDLY            MODERATELY            SEVERELY            EXTREMELY
8. When I am in pain, I want the pain to go away  
NOT AT ALL            MILDLY            MODERATELY            SEVERELY            EXTREMELY
9. When I am in pain, I can't keep it out of my mind  
NOT AT ALL            MILDLY            MODERATELY            SEVERELY            EXTREMELY
10. When I am in pain, I keep thinking about how much it hurts  
NOT AT ALL            MILDLY            MODERATELY            SEVERELY            EXTREMELY
11. When I am in pain, I keep thinking about how much I want the pain to stop  
. NOT AT ALL            MILDLY            MODERATELY            SEVERELY            EXTREMELY
12. When I am in pain, there is nothing I can do to stop the pain.  
NOT AT ALL            MILDLY            MODERATELY            SEVERELY            EXTREMELY
13. When I am in pain, I wonder whether something serious may happen  
NOT AT ALL            MILDLY            MODERATELY            SEVERELY            EXTREMELY