We are interested in what you think and how strong the feelings are when you are in pain. Below are 13 sentences of different thoughts and feelings you can have when you are in pain. Try to show us as clearly as possible what you think and feel by putting a circle around the word under each sentence that best reflects how strongly you have each thought.

1. When I am in pain, I worry all the time about whether the pain will end.

2. When I am in pain, I feel I can’t go on like this much longer.

3. When I am in pain, it’s terrible and I think it’s never going to get better.

4. When I am in pain, it’s awful and I feel that it takes over me

5. When I am in pain, I can’t stand it anymore

6. When I am in pain, I become afraid that the pain will get worse

7. When I am in pain, I keep thinking of other painful events

8. When I am in pain, I want the pain to go away

9. When I am in pain, I can’t keep it out of my mind

10. When I am in pain, I keep thinking about how much it hurts

11. When I am in pain, I keep thinking about how much I want the pain to stop

12. When I am in pain, there is nothing I can do to stop the pain.

13. When I am in pain, I wonder whether something serious may happen